Programmanr. 9 — Heren, 400m vrije slag — Senioren open
25-5-2024 - 16:15 — Resultaten

Junioren 1 en 2

rang	naam	vereniging	intijd		tijd	RT
1.	Thijmen Pruijssers	Hieronymus	4:50.03	201000129	**4:40.04**	+0,64
	50m: 31.55	31.55 150m: 1:43.33	36.48	250m: 2:55.77	36.04 350m: 4:06.67	34.90
	100m: 1:06.85	35.30 200m: 2:19.73	36.40	300m: 3:31.77	36.00 400m: 4:40.04	33.37
2.	Thijn Runia	DZT'62	5:00.24	201000895	**4:54.14**	+0,65
	50m: 32.09	32.09 150m: 1:45.96	37.56	250m: 3:02.16	38.14 350m: 4:18.04	37.81
	100m: 1:08.40	36.31 200m: 2:24.02	38.06	300m: 3:40.23	38.07 400m: 4:54.14	36.10
3.	Jasper de Glopper	PSV	4:58.62	201103019	**4:56.22**	+0,72
	50m: 33.55	33.55 150m: 1:47.98	38.24	250m: 3:04.84	38.71 350m: 4:20.48	38.48
	100m: 1:09.74	36.19 200m: 2:26.13	38.15	300m: 3:42.00	37.16 400m: 4:56.22	35.74
4.	Mads Blacquière	PSV	5:06.24	201103233	**5:02.26**	+0,53
	50m: 33.73	33.73 150m: 1:51.18	38.43	250m: 3:08.29	38.38 350m: 4:25.34	38.24
	100m: 1:12.75	39.02 200m: 2:29.91	38.73	300m: 3:47.10	38.81 400m: 5:02.26	36.92
5.	Fin Horrocks	Z&PV Nuenen	5:10.69	201002417	**5:09.75**	+0,68
	50m: 34.26	34.26 150m: 1:52.80	40.10	250m: 3:14.63	41.49 350m: 4:33.46	38.72
	100m: 1:12.70	38.44 200m: 2:33.14	40.34	300m: 3:54.74	40.11 400m: 5:09.75	36.29
6.	Rink Vlemmix	Z&PV Nuenen	5:20.20	201002721	**5:10.80**	+0,70
	50m: 35.43	35.43 150m: 1:53.71	39.15	250m: 3:13.85	39.31 350m: 4:32.65	38.77
	100m: 1:14.56	39.13 200m: 2:34.54	40.83	300m: 3:53.88	40.03 400m: 5:10.80	38.15
7.	Rins Welten	DZT'62	5:26.80	201000329	**5:13.80**	
	50m: 36.27	36.27 150m: 1:58.19	40.94	250m: 3:18.42	39.37 350m: 4:37.23	38.25
	100m: 1:17.25	40.98 200m: 2:39.05	40.86	300m: 3:58.98	40.56 400m: 5:13.80	36.57
8.	Kalle Blacquière	PSV	5:19.81	201003751	**5:18.70**	+0,44
	50m: 35.16	35.16 150m: 1:55.17	40.50	250m: 3:17.03	41.06 350m: 4:38.73	40.67
	100m: 1:14.67	39.51 200m: 2:35.97	40.80	300m: 3:58.06	41.03 400m: 5:18.70	39.97
9.	Berat Baykal	PSV	5:32.70	201003507	**5:22.68**	+0,66
	50m: 35.29	35.29 150m: 1:56.43	41.06	250m: 3:21.33	42.31 350m: 4:45.62	41.27
	100m: 1:15.37	40.08 200m: 2:39.02	42.59	300m: 4:04.35	43.02 400m: 5:22.68	37.06
10.	Joep van de Moosdijk	ZPK Budel	5:32.25	201000061	**5:27.81**	+0,68
	50m: 35.56	35.56 150m: 1:56.82	41.67	250m: 3:21.99	42.68 350m: 4:47.41	42.25
	100m: 1:15.15	39.59 200m: 2:39.31	42.49	300m: 4:05.16	43.17 400m: 5:27.81	40.40
11.	Davy Zwiers	SBC2000	5:42.46	201000419	**5:29.83**	+0,77
	50m: 35.12	35.12 150m: 1:56.53	41.10	250m: 3:21.50	42.45 350m: 4:47.07	42.35
	100m: 1:15.43	40.31 200m: 2:39.05	42.52	300m: 4:04.72	43.22 400m: 5:29.83	42.76
12.	Pepijn van Rijn	PSV	5:41.17	201100331	**5:30.94**	+0,74
	50m: 35.45	35.45 150m: 1:56.90	41.48	250m: 3:22.84	43.21 350m: 4:50.14	43.69
	100m: 1:15.42	39.97 200m: 2:39.63	42.73	300m: 4:06.45	43.61 400m: 5:30.94	40.80
13.	Collin van der Ham	Waalwijkse Zwem Vereniging	5:26.66	201000877	**5:34.62**	+0,83
	50m: 35.92	35.92 150m: 1:59.98	42.79	250m: 3:28.34	44.87 350m: 4:57.04	44.41
	100m: 1:17.19	41.27 200m: 2:43.47	43.49	300m: 4:12.63	44.29 400m: 5:34.62	37.58

Junioren 1 en 2

1.	Melle Pittie	Zwemclub Eijsden	5:12.18	201000179	**5:08.22**	+0,74
	50m: 34.33	34.33 150m: 1:52.53	39.54	250m: 3:11.72	39.11 350m: 4:30.79	38.75
	100m: 1:12.99	38.66 200m: 2:32.61	40.08	300m: 3:52.04	40.32 400m: 5:08.22	37.43
2.	Laurens van Nulck	Hellas-Glana	5:01.57	201100521	**5:09.82**	+0,76
	50m: 34.32	34.32 150m: 1:52.56	40.02	250m: 3:13.12	40.57 350m: 4:33.07	40.05
	100m: 1:12.54	38.22 200m: 2:32.55	39.99	300m: 3:53.02	39.90 400m: 5:09.82	36.75
3.	Tibo Janssen	ZPC De Rog Weert	5:44.02	201101591	**5:22.86**	+0,78
	50m: 36.62	36.62 150m: 1:59.05	41.86	250m: 3:22.86	41.30 350m: 4:44.88	41.28
	100m: 1:17.19	40.57 200m: 2:41.56	42.51	300m: 4:03.60	40.74 400m: 5:22.86	37.98
4.	Gido van Dijk	SG Patrick - De Roersoppers	5:30.38	201100341	**5:23.84**	+0,75
	50m: 34.08	34.08 150m: 1:58.63	42.84	250m: 3:23.73	42.68 350m: 4:47.91	41.92
	100m: 1:15.79	41.71 200m: 2:41.05	42.42	300m: 4:05.99	42.26 400m: 5:23.84	35.93
5.	Sam Diederen	SG Patrick - De Roersoppers	5:32.27	201001863	**5:24.54**	+0,73
	50m: 36.08	36.08 150m: 1:58.71	42.29	250m: 3:24.06	42.72 350m: 4:47.24	40.75
	100m: 1:16.42	40.34 200m: 2:41.34	42.63	300m: 4:06.49	42.43 400m: 5:24.54	37.30
6.	Quirijn Bettenhaussen	MZ&PC Maastricht	5:46.35	201003337	**5:51.85**	
	50m: 37.77	37.77 150m: 2:05.96	44.46	250m: 3:37.39	45.11 350m: 5:08.38	44.94
	100m: 1:21.50	43.73 200m: 2:52.28	46.32	300m: 4:23.44	46.05 400m: 5:51.85	43.47

Programmanr. 9, Heren, 400m vrije slag

Junioren 3 en 4

1.	Martijn Nies		PSV			4:16.88		200902095			**4:11.16**		+0,85
	50m:	28.60	28.60	150m:	1:33.81	32.91	250m:	2:37.37	30.45	350m:	3:39.99	31.57	
	100m:	1:00.90	32.30	200m:	2:06.92	33.11	300m:	3:08.42	31.05	400m:	4:11.16	31.17	
2.	Theodore Allan		PSV			4:20.36		200902925			**4:20.78**		+0,64
	50m:	28.74	28.74	150m:	1:34.34	33.41	250m:	2:41.58	33.50	350m:	3:48.11	32.60	
	100m:	1:00.93	32.19	200m:	2:08.08	33.74	300m:	3:15.51	33.93	400m:	4:20.78	32.67	
3.	Nout Folkersma		PSV			4:26.39		200800595			**4:21.93**		+0,70
	50m:	29.26	29.26	150m:	1:35.65	33.40	250m:	2:42.61	32.90	350m:	3:48.92	32.21	
	100m:	1:02.25	32.99	200m:	2:09.71	34.06	300m:	3:16.71	34.10	400m:	4:21.93	33.01	
4.	Thomas Nauta		Arethusa			4:46.57		200900339			**4:40.12**		+0,75
	50m:	31.06	31.06	150m:	1:41.87	35.76	250m:	2:53.98	35.82	350m:	4:05.86	35.83	
	100m:	1:06.11	35.05	200m:	2:18.16	36.29	300m:	3:30.03	36.05	400m:	4:40.12	34.26	
5.	Lars de Kooter		De Biesboschzwemmers			4:53.34		200800185			**4:52.85**		+0,73
	50m:	31.97	31.97	150m:	1:45.47	36.92	250m:	3:01.17	37.46	350m:	4:16.44	37.35	
	100m:	1:08.55	36.58	200m:	2:23.71	38.24	300m:	3:39.09	37.92	400m:	4:52.85	36.41	
6.	Sven Buijs		Hieronymus			5:24.62		200902853			**4:56.01**		+0,71
	50m:	32.67	32.67	150m:	1:46.87	38.09	250m:	3:03.49	38.65	350m:	4:21.82	39.02	
	100m:	1:08.78	36.11	200m:	2:24.84	37.97	300m:	3:42.80	39.31	400m:	4:56.01	34.19	
7.	Jelle van den Berg		De Treffers			5:04.24		200802053			**4:57.32**		+0,73
	50m:	31.08	31.08	150m:	1:41.78	36.66	250m:	3:00.10	40.06	350m:	4:19.13	39.36	
	100m:	1:05.12	34.04	200m:	2:20.04	38.26	300m:	3:39.77	39.67	400m:	4:57.32	38.19	
8.	Tijn Welten		DZT'62			4:48.13		200800263			**4:59.70**		+0,70
	50m:	32.15	32.15	150m:	1:46.54	37.56	250m:	3:03.78	38.68	350m:	4:22.97	39.62	
	100m:	1:08.98	36.83	200m:	2:25.10	38.56	300m:	3:43.35	39.57	400m:	4:59.70	36.73	
9.	Joep van Casteren		PSV			5:22.37		200901617			**5:02.49**		+0,73
	50m:	32.97	32.97	150m:	1:47.88	38.23	250m:	3:06.64	39.48	350m:	4:25.54	39.00	
	100m:	1:09.65	36.68	200m:	2:27.16	39.28	300m:	3:46.54	39.90	400m:	5:02.49	36.95	
10.	Iven Pas		V.Z.V. Njord			5:02.55		200900387			**5:02.85**		+0,90
	50m:	33.85	33.85	150m:	1:49.73	38.54	250m:	3:09.04	39.71	350m:	4:28.46	38.82	
	100m:	1:11.19	37.34	200m:	2:29.33	39.60	300m:	3:49.64	40.60	400m:	5:02.85	34.39	
11.	Tomas Brilleman		O.Z. & P.C. De Warande			4:53.76		200801071			**5:06.63**		+0,67
	50m:	31.25	31.25	150m:	1:45.94	37.85	250m:	3:05.20	40.19	350m:	4:26.88	40.89	
	100m:	1:08.09	36.84	200m:	2:25.01	39.07	300m:	3:45.99	40.79	400m:	5:06.63	39.75	
12.	Nicolai Matla		PSV			5:14.88		200901031			**5:14.75**		+0,69
	50m:	35.69	35.69	150m:	1:55.47	39.75	250m:	3:15.29	39.12	350m:	4:36.29	41.17	
	100m:	1:15.72	40.03	200m:	2:36.17	40.70	300m:	3:55.12	39.83	400m:	5:14.75	38.46	
13.	Kasper van der Westen		SBC2000			5:23.73		200900503			**5:20.85**		+0,80
	50m:	36.44	36.44	150m:	1:58.31	41.42	250m:	3:20.34	40.97	350m:	4:42.83	40.70	
	100m:	1:16.89	40.45	200m:	2:39.37	41.06	300m:	4:02.13	41.79	400m:	5:20.85	38.02	
14.	Senn oude Lohuis		SBC2000			5:28.84		200801067			**5:21.21**		+0,53
	50m:	36.43	36.43	150m:	1:58.77	40.96	250m:	3:21.72	42.09	350m:	4:45.43	41.18	
	100m:	1:17.81	41.38	200m:	2:39.63	40.86	300m:	4:04.25	42.53	400m:	5:21.21	35.78	
15.	Seppe Beunis		Zwemvereniging De Zilvermee			5:00.10		200802607			**5:22.65**		+0,68
	50m:	32.80	32.80	150m:	1:49.93	39.63	250m:	3:14.81	42.79	350m:	4:41.94	43.50	
	100m:	1:10.30	37.50	200m:	2:32.02	42.09	300m:	3:58.44	43.63	400m:	5:22.65	40.71	
16.	Deacon Oppers		VZ&PC Nautilus			5:16.20		200900603			**5:32.06**		+0,70
	50m:	34.93	34.93	150m:	1:55.54	41.38	250m:	3:22.28	43.91	350m:	4:49.64	43.89	
	100m:	1:14.16	39.23	200m:	2:38.37	42.83	300m:	4:05.75	43.47	400m:	5:32.06	42.42	
17.	Brent van Sande		De Treffers			5:20.77		200900647			**5:35.98**		+0,74
	50m:	35.88	35.88	150m:	1:57.60	42.49	250m:	3:26.52	44.67	350m:	4:55.50	44.90	
	100m:	1:15.11	39.23	200m:	2:41.85	44.25	300m:	4:10.60	44.08	400m:	5:35.98	40.48	

Junioren 3 en 4

1.	Mattia Maggio		Hellas-Glana			4:25.13		200903311			**4:24.89**		+0,62
	50m:	28.60	28.60	150m:	1:34.18	33.16	250m:	2:41.39	34.17	350m:	3:50.58	34.81	
	100m:	1:01.02	32.42	200m:	2:07.22	33.04	300m:	3:15.77	34.38	400m:	4:24.89	34.31	
2.	Sacha van Hees Ajdnik		ZEPS			4:55.51		200900489			**4:52.39**		+0,73
	50m:	32.60	32.60	150m:	1:47.64	37.74	250m:	3:03.14	37.48	350m:	4:18.08	36.78	
	100m:	1:09.90	37.30	200m:	2:25.66	38.02	300m:	3:41.30	38.16	400m:	4:52.39	34.31	
3.	Jannick van Eeghem		Hellas-Glana			4:52.67		200800147			**4:53.97**		+0,75
	50m:	30.31	30.31	150m:	1:43.31	36.78	250m:	3:00.45	38.74	350m:	4:19.17	39.23	
	100m:	1:06.53	36.22	200m:	2:21.71	38.40	300m:	3:39.94	39.49	400m:	4:53.97	34.80	
4.	Cas Heylighen		Hellas-Glana			5:13.79		200901327			**5:07.98**		+0,68
	50m:	32.35	32.35	150m:	1:48.39	39.45	250m:	3:09.10	40.63	350m:	4:30.74	40.91	
	100m:	1:08.94	36.59	200m:	2:28.47	40.08	300m:	3:49.83	40.73	400m:	5:07.98	37.24	
5.	Guido Jacobs		HZPC			5:17.28		200800477			**5:08.23**		+0,76
	50m:	35.05	35.05	150m:	1:53.01	39.47	250m:	3:12.98	40.87	350m:	4:31.57	38.18	
	100m:	1:13.54	38.49	200m:	2:32.11	39.10	300m:	3:53.39	40.41	400m:	5:08.23	36.66	

Programmanr. 9, Jongens, 400m vrije slag, Junioren 3 en 4

rang	naam	vereniging	intijd		tijd	RT
6.	Jorn Camps	RZL	5:12.39	200800309	**5:29.98**	
	50m: 34.35	34.35	150m: 1:55.49	41.71	250m: 3:21.99	43.42	350m: 4:48.97	42.71
	100m: 1:13.78	39.43	200m: 2:38.57	43.08	300m: 4:06.26	44.27	400m: 5:29.98	41.01
7.	Fabrice Verhoef	MZ&PC Maastricht	5:21.73	200901323	**5:31.94**	+0,69
	50m: 35.04	35.04	150m: 1:54.87	40.35	250m: 3:18.86	42.02	350m: 4:47.82	44.96
	100m: 1:14.52	39.48	200m: 2:36.84	41.97	300m: 4:02.86	44.00	400m: 5:31.94	44.12

Jeugd 1 en 2

1.	Tiago Fonseca Gomes	PSV	3:56.07	200703587	**3:56.42**	+0,65
	50m: 26.68	26.68	150m: 1:25.50	29.60	250m: 2:25.20	29.82	350m: 3:26.29	30.50
	100m: 55.90	29.22	200m: 1:55.38	29.88	300m: 2:55.79	30.59	400m: 3:56.42	30.13
2.	Lucas van Rooij	PSV	4:12.53	200603943	**4:13.89**	+0,63
	50m: 27.72	27.72	150m: 1:29.34	31.66	250m: 2:34.58	33.08	350m: 3:41.29	33.63
	100m: 57.68	29.96	200m: 2:01.50	32.16	300m: 3:07.66	33.08	400m: 4:13.89	32.60
3.	Thom Keukens	V.Z.V. Njord	4:24.76	200700415	**4:33.20**	+0,76
	50m: 28.81	28.81	150m: 1:35.44	34.29	250m: 2:45.91	35.47	350m: 3:57.39	35.83
	100m: 1:01.15	32.34	200m: 2:10.44	35.00	300m: 3:21.56	35.65	400m: 4:33.20	35.81
4.	Milco Matla	PSV	4:41.13	200600555	**4:39.06**	+0,76
	50m: 30.23	30.23	150m: 1:41.14	35.63	250m: 2:52.81	35.98	350m: 4:04.66	35.78
	100m: 1:05.51	35.28	200m: 2:16.83	35.69	300m: 3:28.88	36.07	400m: 4:39.06	34.40
5.	Joris van Keulen	De Treffers	4:41.08	200700159	**4:50.97**	+0,72
	50m: 31.31	31.31	150m: 1:45.34	37.49	250m: 2:59.95	37.21	350m: 4:16.11	37.81
	100m: 1:07.85	36.54	200m: 2:22.74	37.40	300m: 3:38.30	38.35	400m: 4:50.97	34.86
6.	Ondrej Sevcik	V.Z.V. Njord	4:47.01	200702971	**4:58.94**	+0,79
	50m: 33.27	33.27	150m: 1:49.22	38.32	250m: 3:06.50	38.30	350m: 4:22.86	38.13
	100m: 1:10.90	37.63	200m: 2:28.20	38.98	300m: 3:44.73	38.23	400m: 4:58.94	36.08
7.	Chris Geers	Waalwijkse Zwem Vereniging	4:56.50	200600131	**5:12.28**	+0,70
	50m: 32.60	32.60	150m: 1:51.29	40.12	250m: 3:13.32	41.24	350m: 4:34.57	39.89
	100m: 1:11.17	38.57	200m: 2:32.08	40.79	300m: 3:54.68	41.36	400m: 5:12.28	37.71

Jeugd 1 en 2

1.	Ties Berghs	ZEPS	4:27.79	200700709	**4:26.69**	+0,65
	50m: 29.23	29.23	150m: 1:35.64	33.91	250m: 2:44.97	34.89	350m: 3:53.77	33.91
	100m: 1:01.73	32.50	200m: 2:10.08	34.44	300m: 3:19.86	34.89	400m: 4:26.69	32.92
2.	Ruben de Vries	Hellas-Glana	4:33.20	200600497	**4:31.21**	+0,68
	50m: 29.78	29.78	150m: 1:37.70	34.10	250m: 2:47.24	34.41	350m: 3:56.94	34.54
	100m: 1:03.60	33.82	200m: 2:12.83	35.13	300m: 3:22.40	35.16	400m: 4:31.21	34.27
3.	Jesse Marijn Thimister	ZEPS	4:35.38	200602893	**4:42.82**	+0,72
	50m: 31.29	31.29	150m: 1:42.14	35.95	250m: 2:55.82	36.82	350m: 4:08.68	35.97
	100m: 1:06.19	34.90	200m: 2:19.00	36.86	300m: 3:32.71	36.89	400m: 4:42.82	34.14
4.	Jesse Jacobs	HZPC	4:52.56	200700407	**4:49.30**	+0,78
	50m: 31.41	31.41	150m: 1:45.55	37.73	250m: 3:01.19	37.29	350m: 4:15.12	36.50
	100m: 1:07.82	36.41	200m: 2:23.90	38.35	300m: 3:38.62	37.43	400m: 4:49.30	34.18
5.	Jelle Huntjens	MZ&PC Maastricht	4:51.82	200604257	**4:49.44**	+0,66
	50m: 29.92	29.92	150m: 1:41.62	36.72	250m: 2:57.88	38.37	350m: 4:12.45	36.51
	100m: 1:04.90	34.98	200m: 2:19.51	37.89	300m: 3:35.94	38.06	400m: 4:49.44	36.99
6.	Alrik van Eeghem	Hellas-Glana	4:52.29	200600471	**5:00.01**	+0,88
	50m: 31.34	31.34	150m: 1:46.42	37.70	250m: 3:04.95	39.46	350m: 4:22.42	38.77
	100m: 1:08.72	37.38	200m: 2:25.49	39.07	300m: 3:43.65	38.70	400m: 5:00.01	37.59
7.	Yves Roemen	SG Patrick - De Roersoppers	4:42.27	200602309	**5:06.28**	+0,74
	50m: 32.07	32.07	150m: 1:46.93	38.28	250m: 3:07.27	40.90	350m: 4:29.14	40.36
	100m: 1:08.65	36.58	200m: 2:26.37	39.44	300m: 3:48.78	41.51	400m: 5:06.28	37.14

Senioren 1 en ouder

1.	Merlin Belmon	PSV	3:58.51	200403191	**4:03.67**	+0,72
	50m: 27.68	27.68	150m: 1:29.98	31.38	250m: 2:31.96	30.71	350m: 3:33.98	31.06
	100m: 58.60	30.92	200m: 2:01.25	31.27	300m: 3:02.92	30.96	400m: 4:03.67	29.69
2.	Luuk van Rooij	PSV	4:07.80	200400581	**4:05.72**	+0,65
	50m: 27.39	27.39	150m: 1:28.74	31.44	250m: 2:30.98	31.01	350m: 3:34.89	32.25
	100m: 57.30	29.91	200m: 1:59.97	31.23	300m: 3:02.64	31.66	400m: 4:05.72	30.83
3.	Niels Dijkhoorn	PSV	4:02.08	200203079	**4:10.36**	+0,68
	50m: 28.21	28.21	150m: 1:31.47	32.05	250m: 2:35.03	31.82	350m: 3:39.02	32.22
	100m: 59.42	31.21	200m: 2:03.21	31.74	300m: 3:06.80	31.77	400m: 4:10.36	31.34
4.	Thijn Damen	PSV	4:15.11	200300973	**4:10.69**	+0,68
	50m: 27.37	27.37	150m: 1:29.88	31.87	250m: 2:33.90	31.98	350m: 3:38.93	32.40
	100m: 58.01	30.64	200m: 2:01.92	32.04	300m: 3:06.53	32.63	400m: 4:10.69	31.76

Programmanr. 9, Heren, 400m vrije slag, Senioren 1 en ouder

rang	naam	vereniging	intijd		tijd	RT
5.	Luuk Smits	Z&PV Nuenen	4:11.13	200001015	**4:24.05**	+0,74
	50m: 28.38	28.38 150m: 1:36.13	34.40	250m: 2:44.37	33.62	350m: 3:51.36	33.08
	100m: 1:01.73	33.35 200m: 2:10.75	34.62	300m: 3:18.28	33.91	400m: 4:24.05	32.69
6.	Koen Vissers	PSV	4:15.43	200401429	**4:25.35**	+0,83
	50m: 29.16	29.16 150m: 1:34.46	33.29	250m: 2:43.47	34.21	350m: 3:53.75	35.01
	100m: 1:01.17	32.01 200m: 2:09.26	34.80	300m: 3:18.74	35.27	400m: 4:25.35	31.60
7.	Nicko Kamphuis	O.Z. & P.C. De Warande	4:23.93	199900887	**4:28.24**	+0,60
	50m: 28.18	28.18 150m: 1:34.81	34.15	250m: 2:44.14	34.66	350m: 3:54.20	35.28
	100m: 1:00.66	32.48 200m: 2:09.48	34.67	300m: 3:18.92	34.78	400m: 4:28.24	34.04
8.	Yuri Wasser	PSV	4:32.80	200301327	**4:36.76**	+0,68
	50m: 29.56	29.56 150m: 1:38.02	35.08	250m: 2:49.60	35.98	350m: 4:01.71	35.94
	100m: 1:02.94	33.38 200m: 2:13.62	35.60	300m: 3:25.77	36.17	400m: 4:36.76	35.05
9.	Brian van Gennip	ZV Hydra	4:28.66	200003573	**4:48.35**	+0,80
	50m: 30.87	30.87 150m: 1:41.42	36.11	250m: 2:56.13	37.84	350m: 4:12.59	38.26
	100m: 1:05.31	34.44 200m: 2:18.29	36.87	300m: 3:34.33	38.20	400m: 4:48.35	35.76
10.	Tim Versteegen	DBD	4:39.60	200200085	**4:54.93**	+0,76
	50m: 30.81	30.81 150m: 1:41.51	36.13	250m: 2:58.33	38.62	350m: 4:17.19	39.50
	100m: 1:05.38	34.57 200m: 2:19.71	38.20	300m: 3:37.69	39.36	400m: 4:54.93	37.74

Senioren 1 en ouder

1.	Raf Hendriks	Hellas-Glana	4:11.59	200100879	**4:12.81**	+0,71
	50m: 27.74	27.74 150m: 1:30.43	31.93	250m: 2:35.60	32.55	350m: 3:41.17	32.61
	100m: 58.50	30.76 200m: 2:03.05	32.62	300m: 3:08.56	32.96	400m: 4:12.81	31.64
2.	Esper Schreurs	ZEPS	4:25.48	200300433	**4:34.03**	+0,71
	50m: 30.13	30.13 150m: 1:37.69	34.27	250m: 2:46.75	34.55	350m: 3:58.13	36.12
	100m: 1:03.42	33.29 200m: 2:12.20	34.51	300m: 3:22.01	35.26	400m: 4:34.03	35.90
3.	Jason van der Beek	SG Patrick - De Roersoppers	4:44.26	200403933	**4:41.91**	+0,72
	50m: 31.47	31.47 150m: 1:42.33	35.72	250m: 2:54.97	36.40	350m: 4:08.01	36.69
	100m: 1:06.61	35.14 200m: 2:18.57	36.24	300m: 3:31.32	36.35	400m: 4:41.91	33.90
4.	Patrick Creemers	SG Patrick - De Roersoppers	4:44.02	199000579	**4:44.19**	+0,72
	50m: 30.69	30.69 150m: 1:43.84	37.26	250m: 2:58.46	36.63	350m: 4:09.84	35.14
	100m: 1:06.58	35.89 200m: 2:21.83	37.99	300m: 3:34.70	36.24	400m: 4:44.19	34.35
5.	Daan Wijnands	SG Patrick - De Roersoppers	4:36.05	200200127	**4:51.17**	+0,71
	50m: 31.03	31.03 150m: 1:42.40	36.37	250m: 2:59.14	38.75	350m: 4:15.23	37.99
	100m: 1:06.03	35.00 200m: 2:20.39	37.99	300m: 3:37.24	38.10	400m: 4:51.17	35.94
BM	Yanieck Weijland	Blue Marlins	4:02.74	200500329	**3:58.69**	+0,71
	50m: 27.87	27.87 150m: 1:29.09	30.61	250m: 2:30.11	30.73	350m: 3:30.01	29.95
	100m: 58.48	30.61 200m: 1:59.38	30.29	300m: 3:00.06	29.95	400m: 3:58.69	28.68
BM	Matthijs Vinke	Scheldestroom	5:27.91	200900105	**5:24.08**	+0,81
	50m: 33.75	33.75 150m: 1:53.08	40.94	250m: 3:16.74	41.90	350m: 4:43.23	43.57
	100m: 1:12.14	38.39 200m: 2:34.84	41.76	300m: 3:59.66	42.92	400m: 5:24.08	40.85