

Programmanr. 31
21-5-2023

Meisjes, 800m vrije slag

Junioren 1 en 2
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Renske van den Bosch	V.Z.V. Njord	11:30.63	201001828	11:15.17 +0,95			
	100m: 1:17.43	1:17.43	300m: 4:10.50	1:27.13	500m: 7:02.08	1:25.61	700m: 9:53.73	1:25.56
	200m: 2:43.37	1:25.94	400m: 5:36.47	1:25.97	600m: 8:28.17	1:26.09	800m: 11:15.17	1:21.44
2.	Sterre de Veen	Hellas-Glana	11:51.46	201100086	11:26.09 +0,72			
	100m: 1:18.37	1:18.37	300m: 4:12.36	1:27.71	500m: 7:07.04	1:27.24	700m: 10:03.99	1:28.46
	200m: 2:44.65	1:26.28	400m: 5:39.80	1:27.44	600m: 8:35.53	1:28.49	800m: 11:26.09	1:22.10
3.	Jayna Wagemakers	AquaDream	11:43.48	201000226	11:26.96 +0,80			
	100m: 1:17.87	1:17.87	300m: 4:12.38	1:28.22	500m: 7:09.38	1:29.09	700m: 10:05.90	1:28.04
	200m: 2:44.16	1:26.29	400m: 5:40.29	1:27.91	600m: 8:37.86	1:28.48	800m: 11:26.96	1:21.06
4.	Djamila Theunissen	Mosa-Regio	12:44.27	201000054	12:24.73 +0,76			
	100m: 1:24.38	1:24.38	300m: 4:36.27	1:37.01	500m: 7:50.28	1:36.46	700m: 11:00.00	1:33.58
	200m: 2:59.26	1:34.88	400m: 6:13.82	1:37.55	600m: 9:26.42	1:36.14	800m: 12:24.73	1:24.73
5.	Elize Wijzenbeek	Hellas-Glana	12:27.48	201001338	12:33.02 +0,81			
	100m: 1:25.65	1:25.65	300m: 4:35.09	1:35.45	500m: 7:48.80	1:37.02	700m: 11:02.89	1:36.95
	200m: 2:59.64	1:33.99	400m: 6:11.78	1:36.69	600m: 9:25.94	1:37.14	800m: 12:33.02	1:30.13
6.	Renske Slangen	Hellas-Glana	12:19.48	201002740	12:42.87 +0,77			
	100m: 1:23.91	1:23.91	300m: 4:38.48	1:39.04	500m: 7:57.92	1:39.01	700m: 11:11.58	1:35.94
	200m: 2:59.44	1:35.53	400m: 6:18.91	1:40.43	600m: 9:35.64	1:37.72	800m: 12:42.87	1:31.29
7.	Vera Broekman	Arethusa	12:12.14	201001454	12:44.00 +0,62			
	100m: 1:24.10	1:24.10	300m: 4:38.42	1:38.55	500m: 7:56.00	1:38.50	700m: 11:10.98	1:37.69
	200m: 2:59.87	1:35.77	400m: 6:17.50	1:39.08	600m: 9:33.29	1:37.29	800m: 12:44.00	1:33.02
8.	Selena Geeven	Arethusa	12:10.14	201000844	13:06.02 +0,80			
	100m: 1:26.79	1:26.79	300m: 4:44.66	1:40.59	500m: 8:05.14	1:40.21	700m: 11:30.55	1:42.23
	200m: 3:04.07	1:37.28	400m: 6:24.93	1:40.27	600m: 9:48.32	1:43.18	800m: 13:06.02	1:35.47
AFGEM	Pien Walstra	De Treffers	12:25.05	201101034				

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Meisjes, 800m vrije slag

Junioren 3 en 4
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Bregje Dekkers	PSV	9:54.41	200900746	9:46.44 +0,74			
	100m: 1:07.86	1:07.86	300m: 3:34.65	1:14.26	500m: 6:04.98	1:15.01	700m: 8:35.17	1:15.00
	200m: 2:20.39	1:12.53	400m: 4:49.97	1:15.32	600m: 7:20.17	1:15.19	800m: 9:46.44	1:11.27
2.	Julie van Nispen	Z&PV Nuenen	9:52.15	200800290	9:52.97 +0,86			
	100m: 1:08.27	1:08.27	300m: 3:36.50	1:14.42	500m: 6:08.61	1:15.95	700m: 8:37.92	1:14.06
	200m: 2:22.08	1:13.81	400m: 4:52.66	1:16.16	600m: 7:23.86	1:15.25	800m: 9:52.97	1:15.05
3.	Djelaysa Buunk	Z & PC De Zeeuwse Kust	10:20.79	200900536	10:10.82 +0,80			
	100m: 1:10.06	1:10.06	300m: 3:43.35	1:16.91	500m: 6:20.16	1:18.75	700m: 8:57.56	1:17.67
	200m: 2:26.44	1:16.38	400m: 5:01.41	1:18.06	600m: 7:39.89	1:19.73	800m: 10:10.82	1:13.26
4.	Iris Tilburg	Arethusa	11:01.47	200902662	10:22.79 +0,76			
	100m: 1:09.81	1:09.81	300m: 3:47.22	1:19.59	500m: 6:26.06	1:19.44	700m: 9:06.14	1:19.78
	200m: 2:27.63	1:17.82	400m: 5:06.62	1:19.40	600m: 7:46.36	1:20.30	800m: 10:22.79	1:16.65
5.	Bo Bontrup	PSV	11:10.22	200902150	10:43.67 +0,67			
	100m: 1:12.75	1:12.75	300m: 3:55.24	1:21.11	500m: 6:42.12	1:23.14	700m: 9:26.19	1:21.60
	200m: 2:34.13	1:21.38	400m: 5:18.98	1:23.74	600m: 8:04.59	1:22.47	800m: 10:43.67	1:17.48
6.	Manaudou Verhaar	AquaDream	11:02.12	200801376	10:53.23 +0,70			
	100m: 1:14.31	1:14.31	300m: 3:58.58	1:22.68	500m: 6:46.81	1:24.35	700m: 9:47.99	1:23.91
	200m: 2:35.90	1:21.59	400m: 5:22.46	1:23.88	600m: 8:11.08	1:24.27	800m: 10:53.23	1:18.24
7.	Jaydee Leenders	Noord Limburg(SG)	10:49.83	200900112	10:54.93 +0,70			
	100m: 1:12.84	1:12.84	300m: 3:57.80	1:22.90	500m: 6:46.10	1:24.34	700m: 9:35.59	1:24.72
	200m: 2:34.90	1:22.06	400m: 5:21.76	1:23.96	600m: 8:10.87	1:24.77	800m: 10:54.93	1:19.34
8.	Vera Bastiaensen	Hieronymus	11:33.45	200800572	11:10.19 +0,77			
	100m: 1:15.00	1:15.00	300m: 4:02.07	1:24.78	500m: 6:54.76	1:26.48	700m: 9:47.64	1:26.19
	200m: 2:37.29	1:22.29	400m: 5:28.28	1:26.21	600m: 8:21.45	1:26.69	800m: 11:10.19	1:22.55
9.	Veerle Claessens	ZEPS	11:24.44	200800100	11:18.65 +0,81			
	100m: 1:17.01	1:17.01	300m: 4:06.76	1:25.40	500m: 7:00.65	1:27.05	700m: 9:54.61	1:26.72
	200m: 2:41.36	1:24.35	400m: 5:33.60	1:26.84	600m: 8:27.89	1:27.24	800m: 11:18.65	1:24.04
10.	Alexx Broekman	Arethusa	11:28.59	200902374	11:32.18 +0,85			
	100m: 1:16.96	1:16.96	300m: 4:13.23	1:29.41	500m: 7:11.99	1:29.36	700m: 10:09.99	1:29.02
	200m: 2:43.82	1:26.86	400m: 5:42.63	1:29.40	600m: 8:40.97	1:28.98	800m: 11:32.18	1:22.19
11.	Noor Ruitenbeek	Z & PC De Zeeuwse Kust	11:26.60	200900250	11:36.70 +0,81			
	100m: 1:19.55	1:19.55	300m: 4:12.20	1:26.59	500m: 7:10.71	1:29.86	700m: 10:10.58	1:29.69
	200m: 2:45.61	1:26.06	400m: 5:40.85	1:28.65	600m: 8:40.89	1:30.18	800m: 11:36.70	1:26.12

Programmanr. 31, Meisjes, 800m vrije slag, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT			
12.	Elaine Geeven	Arethusa	11:39.62	200801972	11:40.61 +0,84			
	100m: 1:21.27	1:21.27	300m: 4:16.18	1:28.44	500m: 7:15.74	1:29.91	700m: 10:16.95	1:31.94
	200m: 2:47.74	1:26.47	400m: 5:45.83	1:29.65	600m: 8:45.01	1:29.27	800m: 11:40.61	1:23.66
13.	Lara Müller	Arethusa	11:56.02	200903610	11:52.77 +0,88			
	100m: 1:17.25	1:17.25	300m: 4:17.81	1:31.47	500m: 7:22.50	1:32.69	700m: 10:26.46	1:32.62
	200m: 2:46.34	1:29.09	400m: 5:49.81	1:32.00	600m: 8:53.84	1:31.34	800m: 11:52.77	1:26.31

Programmanr. 31
21-5-2023

Meisjes, 800m vrije slag

Jeugd 1 en 2
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Isa Jansen	SBC2000	10:03.65	200701176	10:16.11 +0,76			
	100m: 1:09.30	1:09.30	300m: 3:45.29	1:18.94	500m: 6:22.60	1:18.55	700m: 8:58.83	1:18.04
	200m: 2:26.35	1:17.05	400m: 5:04.05	1:18.76	600m: 7:40.79	1:18.19	800m: 10:16.11	1:17.28
2.	Myrthe Vos	PSV	10:57.89	200601684	10:20.98 +0,80			
	100m: 1:11.05	1:11.05	300m: 3:48.05	1:19.16	500m: 6:26.99	1:20.11	700m: 9:56.46	1:18.40
	200m: 2:28.89	1:17.84	400m: 5:06.88	1:18.83	600m: 7:47.06	1:20.07	800m: 10:20.98	1:15.52
3.	Birgit Hage	PSV	10:19.06	200602898	10:25.14 +0,85			
	100m: 1:11.48	1:11.48	300m: 3:49.95	1:19.40	500m: 6:30.26	1:20.86	700m: 9:08.84	1:18.54
	200m: 2:30.55	1:19.07	400m: 5:09.40	1:19.45	600m: 7:50.30	1:20.04	800m: 10:25.14	1:16.30
4.	Shanna Joppe	Hieronymus	10:35.53	200601186	10:40.23 +0,77			
	100m: 1:13.26	1:13.26	300m: 3:53.68	1:21.13	500m: 6:38.17	1:23.01	700m: 9:22.23	1:21.69
	200m: 2:32.55	1:19.29	400m: 5:15.16	1:21.48	600m: 8:00.54	1:22.37	800m: 10:40.23	1:18.00
5.	Liza Theuns	Waalwijkse Zwem Vereniging	11:02.71	200702172	11:15.88 +0,79			
	100m: 1:12.86	1:12.86	300m: 4:03.58	1:26.72	500m: 6:59.01	1:27.34	700m: 9:50.92	1:26.08
	200m: 2:36.86	1:24.00	400m: 5:31.67	1:28.09	600m: 8:24.84	1:25.83	800m: 11:15.88	1:24.96
6.	Myrthe Paas	ZEPS	10:58.16	200600410	11:23.49 +0,81			
	100m: 1:15.90	1:15.90	300m: 4:05.03	1:25.76	500m: 7:00.10	1:28.17	700m: 9:56.71	1:28.22
	200m: 2:39.27	1:23.37	400m: 5:31.93	1:26.90	600m: 8:28.49	1:28.39	800m: 11:23.49	1:26.78

Programmanr. 31
21-5-2023

Dames, 800m vrije slag

Senioren
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Manon Ritten	PSV	9:23.70	200002440	9:25.52 +0,80			
	100m: 1:07.90	1:07.90	300m: 3:30.36	1:11.16	500m: 5:52.02	1:10.65	700m: 8:15.62	1:11.97
	200m: 2:19.20	1:11.30	400m: 4:41.37	1:11.01	600m: 7:03.65	1:11.63	800m: 9:25.52	1:09.90
2.	Nikita van den Ouden	Z&PV Nuenen	9:36.21	199900622	9:37.62 +0,70			
	100m: 1:08.22	1:08.22	300m: 3:31.45	1:11.56	500m: 5:57.41	1:13.56	700m: 8:25.69	1:14.01
	200m: 2:19.89	1:11.67	400m: 4:43.85	1:12.40	600m: 7:11.68	1:14.27	800m: 9:37.62	1:11.93
3.	Roos Englebert	Hieronymus	10:05.58	200200606	9:55.95 +0,77			
	100m: 1:09.01	1:09.01	300m: 3:39.45	1:15.41	500m: 6:10.94	1:15.87	700m: 8:42.16	1:15.72
	200m: 2:24.04	1:15.03	400m: 4:55.07	1:15.62	600m: 7:26.44	1:15.50	800m: 9:55.95	1:13.79
4.	Kirsten Walraven	Z & PC De Zeeuwse Kust	10:13.87	200001358	10:05.14 +0,81			
	100m: 1:09.64	1:09.64	300m: 3:41.05	1:15.85	500m: 6:14.07	1:17.05	700m: 8:49.01	1:17.60
	200m: 2:25.20	1:15.56	400m: 4:57.02	1:15.97	600m: 7:31.41	1:17.34	800m: 10:05.14	1:16.13
5.	Liselotte Joling	PSV	10:00.35	197500268	10:12.42 +0,85			
	100m: 1:12.98	1:12.98	300m: 3:47.92	1:16.72	500m: 6:22.61	1:16.60	700m: 8:57.27	1:17.37
	200m: 2:31.20	1:18.22	400m: 5:06.01	1:18.09	600m: 7:39.90	1:17.29	800m: 10:12.42	1:15.15
6.	Larissa Jansen	PSV	10:41.21	199500660	10:59.48 +0,88			
	100m: 1:16.38	1:16.38	300m: 4:02.84	1:23.48	500m: 6:50.24	1:23.93	700m: 9:38.26	1:23.81
	200m: 2:39.36	1:22.98	400m: 5:26.31	1:23.47	600m: 8:14.45	1:24.21	800m: 10:59.48	1:21.22
7.	Floor Weijmans	HZPC	10:14.01	199502522	11:06.36 +0,83			
	100m: 1:18.24	1:18.24	300m: 4:06.65	1:24.45	500m: 6:57.21	1:25.10	700m: 9:45.14	1:23.37
	200m: 2:42.20	1:23.96	400m: 5:32.11	1:25.46	600m: 8:21.77	1:24.56	800m: 11:06.36	1:21.22
8.	Nanda Heteren van	PSV	10:49.47	198901728	11:16.92 +0,74			
	100m: 1:18.73	1:18.73	300m: 4:09.57	1:26.10	500m: 7:02.22	1:26.58	700m: 9:54.83	1:26.10
	200m: 2:43.47	1:24.74	400m: 5:35.64	1:26.07	600m: 8:28.73	1:26.51	800m: 11:16.92	1:22.09