

Programmanr. 11
14-5-2023

Jongens, 1500m vrije slag

Junioren 1 en 2
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Martijn Nies	PSV	18:04.03	200902095	17:57.79 +0,81			
	100m: 1:06.37	1:06.37	500m: 5:55.67	1:12.93	900m: 10:45.62	1:12.48	1300m: 15:33.25	1:11.53
	200m: 2:17.80	1:11.43	600m: 7:08.03	1:12.36	1000m: 11:58.10	1:12.48	1400m: 16:47.88	1:14.63
	300m: 3:29.80	1:12.00	700m: 8:20.65	1:12.62	1100m: 13:10.09	1:11.99	1500m: 17:57.79	1:09.91
	400m: 4:42.74	1:12.94	800m: 9:33.14	1:12.49	1200m: 14:21.72	1:11.63		
2.	Theodore Allan	PSV	18:42.25	200902925	18:01.06 +0,66			
	100m: 1:03.66	1:03.66	500m: 5:54.70	1:13.62	900m: 10:45.97	1:12.80	1300m: 15:37.75	1:13.44
	200m: 2:15.26	1:11.60	600m: 7:07.62	1:12.92	1000m: 11:58.60	1:12.63	1400m: 16:51.62	1:13.87
	300m: 3:27.92	1:12.66	700m: 8:20.46	1:12.84	1100m: 13:11.17	1:12.57	1500m: 18:01.06	1:09.44
	400m: 4:41.08	1:13.16	800m: 9:33.17	1:12.71	1200m: 14:24.31	1:13.14		
3.	Thomas Nauta	Arethusa	20:13.28	200900339	19:14.58 +0,73			
	100m: 1:09.07	1:09.07	500m: 6:17.86	1:17.82	900m: 11:31.20	1:18.66	1300m: 16:43.33	1:17.74
	200m: 2:25.04	1:15.97	600m: 7:36.07	1:18.21	1000m: 12:50.02	1:18.82	1400m: 17:59.80	1:16.47
	300m: 3:42.27	1:17.23	700m: 8:54.10	1:18.03	1100m: 14:08.21	1:18.19	1500m: 19:14.58	1:14.78
	400m: 5:00.04	1:17.77	800m: 10:12.54	1:18.44	1200m: 15:25.59	1:17.38		
4.	Davi Fonseca Gomes	PSV	20:29.62	200902795	20:04.12 +0,75			
	100m: 1:09.77	1:09.77	500m: 6:33.63	1:22.49	900m: 12:01.14	1:20.91	1300m: 17:30.41	1:23.10
	200m: 2:28.37	1:18.60	600m: 7:55.24	1:21.61	1000m: 13:22.04	1:20.90	1400m: 18:50.48	1:20.07
	300m: 3:49.37	1:21.00	700m: 9:18.54	1:23.30	1100m: 14:44.80	1:22.76	1500m: 20:04.12	1:13.64
	400m: 5:11.14	1:21.77	800m: 10:40.23	1:21.69	1200m: 16:07.31	1:22.51		
5.	Alexander van Nulck	ZEPS	21:59.79	200902167	22:04.01 +0,85			
	100m: 1:17.81	1:17.81	500m: 7:07.13	1:27.63	900m: 13:04.96	1:30.55	1300m: 19:08.66	1:30.17
	200m: 2:44.33	1:26.52	600m: 8:35.99	1:28.86	1000m: 14:35.68	1:30.72	1400m: 20:37.38	1:28.72
	300m: 4:11.97	1:27.64	700m: 10:04.81	1:28.82	1100m: 16:07.25	1:31.57	1500m: 22:04.01	1:26.63
	400m: 5:39.50	1:27.53	800m: 11:34.41	1:29.60	1200m: 17:38.49	1:31.24		

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Junioren 3 en 4
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Lars de Kooter	De Biesboschzweimmers	18:18.62	200800185	19:20.85 +0,72			
	100m: 1:09.24	1:09.24	500m: 6:16.63	1:17.11	900m: 11:29.00	1:18.78	1300m: 16:44.55	1:19.42
	200m: 2:25.94	1:16.70	600m: 7:34.52	1:17.89	1000m: 12:47.99	1:18.99	1400m: 18:03.72	1:19.17
	300m: 3:42.31	1:16.37	700m: 8:52.58	1:18.06	1100m: 14:06.13	1:18.14	1500m: 19:20.85	1:17.13
	400m: 4:59.52	1:17.21	800m: 10:10.22	1:17.64	1200m: 15:25.13	1:19.00		
2.	Jesse Jacobs	HZPC	19:42.28	200700407	19:34.67 +0,80			
	100m: 1:09.73	1:09.73	500m: 6:28.07	1:20.58	900m: 11:47.82	1:19.88	1300m: 17:03.69	1:18.97
	200m: 2:27.89	1:18.16	600m: 7:47.88	1:19.81	1000m: 13:07.36	1:19.54	1400m: 18:20.96	1:17.27
	300m: 3:48.16	1:20.27	700m: 9:07.61	1:19.73	1100m: 14:26.51	1:19.15	1500m: 19:34.67	1:13.71
	400m: 5:07.49	1:19.33	800m: 10:27.94	1:20.33	1200m: 15:44.72	1:18.21		
3.	Stephan Sjeptoera	HZPC	20:30.21	200800871	19:57.69 +0,72			
	100m: 1:14.19	1:14.19	500m: 6:37.11	1:21.34	900m: 12:00.69	1:20.69	1300m: 17:21.91	1:20.04
	200m: 2:34.10	1:19.91	600m: 7:58.34	1:21.23	1000m: 13:20.91	1:20.22	1400m: 18:41.24	1:19.33
	300m: 3:54.77	1:20.67	700m: 9:19.19	1:20.85	1100m: 14:41.49	1:20.58	1500m: 19:57.69	1:16.45
	400m: 5:15.77	1:21.00	800m: 10:40.00	1:20.81	1200m: 16:01.87	1:20.38		
4.	Joris van Keulen	De Treffers	19:44.14	200700159	20:18.57 +0,82			
	100m: 1:11.85	1:11.85	500m: 6:35.86	1:20.83	900m: 12:02.88	1:22.06	1300m: 17:35.00	1:23.63
	200m: 2:31.67	1:19.82	600m: 7:57.50	1:21.64	1000m: 13:25.13	1:22.25	1400m: 18:59.60	1:24.60
	300m: 3:53.38	1:21.71	700m: 9:18.35	1:20.85	1100m: 14:47.97	1:22.84	1500m: 20:18.57	1:18.97
	400m: 5:15.03	1:21.65	800m: 10:40.82	1:22.47	1200m: 16:11.37	1:23.40		
5.	Seppe Beunis	Zwemvereniging De Zilverme	21:24.12	200802607	21:22.22 +0,78			
	100m: 1:12.17	1:12.17	500m: 6:54.44	1:27.47	900m: 12:43.91	1:27.83	1300m: 18:34.52	1:27.75
	200m: 2:34.45	1:22.28	600m: 8:20.93	1:26.49	1000m: 14:10.93	1:27.02	1400m: 20:00.86	1:26.34
	300m: 4:00.42	1:25.97	700m: 9:48.47	1:27.54	1100m: 15:38.81	1:27.88	1500m: 21:22.22	1:21.36
	400m: 5:26.97	1:26.55	800m: 11:16.08	1:27.61	1200m: 17:06.77	1:27.96		
DIS	Ties Berghs	ZEPS	17:28.90	200700709				
	AA - De start ingezet voor het startsignaal (en wel gezwommen).							

Programmanr. 11, Heren, 1500m vrije slag

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Jeugd 1 en 2
Resultaten

rang	naam	vereniging				intijd				tijd				RT	
1.	Lucas van Rooij	PSV				17:05.52				200603943				17:17.95	+0,68
	100m:	1:03.41	1:03.41	500m:	5:42.99	1:10.06	900m:	10:22.87	1:09.93	1300m:	15:01.86	1:09.56			
	200m:	2:13.03	1:09.62	600m:	6:52.99	1:10.00	1000m:	11:32.83	1:09.96	1400m:	16:11.33	1:09.47			
	300m:	3:22.80	1:09.77	700m:	8:02.71	1:09.72	1100m:	12:43.00	1:10.17	1500m:	17:17.95	1:06.62			
	400m:	4:32.93	1:10.13	800m:	9:12.94	1:10.23	1200m:	13:52.30	1:09.30						

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Senioren 1 en ouder
Resultaten

rang	naam	vereniging				intijd				tijd				RT	
1.	Nicko Kamphuis	O.Z. & P.C. De Warande				17:13.82				199900887				18:14.30	+0,61
	100m:	1:06.66	1:06.66	500m:	6:00.85	1:14.36	900m:	10:58.66	1:14.98	1300m:	15:56.93	1:14.72			
	200m:	2:19.08	1:12.42	600m:	7:14.92	1:14.07	1000m:	12:13.24	1:14.58	1400m:	17:09.36	1:12.43			
	300m:	3:32.65	1:13.57	700m:	8:29.39	1:14.47	1100m:	13:27.93	1:14.69	1500m:	18:14.30	1:04.94			
	400m:	4:46.49	1:13.84	800m:	9:43.68	1:14.29	1200m:	14:42.21	1:14.28						
2.	Tom Balsen Versteeg	O.Z. & P.C. De Warande				18:29.98				200005673				18:16.15	+0,59
	100m:	1:06.28	1:06.28	500m:	6:01.09	1:14.31	900m:	10:58.68	1:14.74	1300m:	15:57.09	1:14.31			
	200m:	2:19.05	1:12.77	600m:	7:14.85	1:13.76	1000m:	12:13.38	1:14.70	1400m:	17:09.99	1:12.90			
	300m:	3:33.02	1:13.97	700m:	8:29.21	1:14.36	1100m:	13:28.18	1:14.80	1500m:	18:16.15	1:06.16			
	400m:	4:46.78	1:13.76	800m:	9:43.94	1:14.73	1200m:	14:42.78	1:14.60						
3.	Raoni Schrijvers	Tempo Valkenswaard				18:30.29				199302669				18:26.94	+0,64
	100m:	1:06.26	1:06.26	500m:	6:00.84	1:14.13	900m:	11:00.45	1:14.89	1300m:	16:00.81	1:15.27			
	200m:	2:18.85	1:12.59	600m:	7:15.93	1:15.09	1000m:	12:15.98	1:15.53	1400m:	17:15.46	1:14.65			
	300m:	3:32.41	1:13.56	700m:	8:30.71	1:14.78	1100m:	13:30.64	1:14.66	1500m:	18:26.94	1:11.48			
	400m:	4:46.71	1:14.30	800m:	9:45.56	1:14.85	1200m:	14:45.54	1:14.90						
4.	Sem Bonte	Z & PC De Zeeuwse Kust				18:37.21				200400427				18:40.37	+0,69
	100m:	1:08.38	1:08.38	500m:	6:07.14	1:15.14	900m:	11:06.63	1:15.04	1300m:	16:12.25	1:16.34			
	200m:	2:22.31	1:13.93	600m:	7:21.66	1:14.52	1000m:	12:23.17	1:16.54	1400m:	17:28.35	1:16.10			
	300m:	3:37.30	1:14.99	700m:	8:36.32	1:14.66	1100m:	13:39.38	1:16.21	1500m:	18:40.37	1:12.02			
	400m:	4:52.00	1:14.70	800m:	9:51.59	1:15.27	1200m:	14:55.91	1:16.53						
5.	Remco van Althuis	Z&PV Nueneen				18:19.37				198300029				18:59.68	+0,80
	100m:	1:08.28	1:08.28	500m:	6:12.19	1:16.75	900m:	11:17.45	1:16.15	1300m:	16:26.30	1:17.64			
	200m:	2:22.53	1:14.25	600m:	7:29.06	1:16.87	1000m:	12:33.84	1:16.39	1400m:	17:44.59	1:18.29			
	300m:	3:39.00	1:16.47	700m:	8:45.73	1:16.67	1100m:	13:50.76	1:16.92	1500m:	18:59.68	1:15.09			
	400m:	4:55.44	1:16.44	800m:	10:01.30	1:15.57	1200m:	15:08.66	1:17.90						