

Programmanr. 4
 16-06-2023 - 17:41

Jongens, 400m wisselslag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

rang	naam		vereniging				tijd	RT	FINA
1.	Tiede Groener		De Dinkel		200700155		4:44.54	+0,76	629
	50m: 27.98	27.98	150m: 1:38.92	36.78	250m: 2:56.15	41.13	350m: 4:11.69		33.38
	100m: 1:02.14	34.16	200m: 2:15.02	36.10	300m: 3:38.31	42.16	400m: 4:44.54		32.85
2.	Wytse Broekstra		De Vikings		200800121		4:46.97	+0,78	613
	50m: 29.77	29.77	150m: 1:43.38	37.45	250m: 2:59.84	39.76	350m: 4:15.33		35.65
	100m: 1:05.93	36.16	200m: 2:20.08	36.70	300m: 3:39.68	39.84	400m: 4:46.97		31.64
3.	Tieme Wiersma		DZ&PC		200701031		4:48.31	+0,75	604
	50m: 30.61	30.61	150m: 1:43.66	36.37	250m: 2:58.06	39.59	350m: 4:16.38		36.01
	100m: 1:07.29	36.68	200m: 2:18.47	34.81	300m: 3:40.37	42.31	400m: 4:48.31		31.93
4.	Yarno van Dam		ACZ		200800115		4:54.89	+0,71	565
	50m: 30.57	30.57	150m: 1:43.78	37.56	250m: 3:04.14	42.10	350m: 4:21.67		33.90
	100m: 1:06.22	35.65	200m: 2:22.04	38.26	300m: 3:47.77	43.63	400m: 4:54.89		33.22
5.	Tijn Hilders		De Dolfijn		200700027		4:57.80	+0,78	548
	50m: 30.29	30.29	150m: 1:46.82	39.07	250m: 3:07.63	41.98	350m: 4:24.74		34.01
	100m: 1:07.75	37.46	200m: 2:25.65	38.83	300m: 3:50.73	43.10	400m: 4:57.80		33.06
6.	Xiaoyu Yin		Blue Marlins		200803363		4:59.22	+0,68	541
	50m: 27.89	27.89	150m: 1:40.16	38.26	250m: 3:02.40	44.02	350m: 4:24.47		35.99
	100m: 1:01.90	34.01	200m: 2:18.38	38.22	300m: 3:48.48	46.08	400m: 4:59.22		34.75
7.	Jaydey Schonewille		Steenwijk 1934		200800025		5:00.40	+0,70	534
	50m: 30.06	30.06	150m: 1:46.65	41.09	250m: 3:08.54	42.27	350m: 4:27.19		35.32
	100m: 1:05.56	35.50	200m: 2:26.27	39.62	300m: 3:51.87	43.33	400m: 5:00.40		33.21
8.	Collard Jungeling		ZV 44		200701831		5:00.83	+0,64	532
	50m: 29.38	29.38	150m: 1:46.15	41.50	250m: 3:08.05	42.12	350m: 4:26.97		36.13
	100m: 1:04.65	35.27	200m: 2:25.93	39.78	300m: 3:50.84	42.79	400m: 5:00.83		33.86
9.	Mies de Wit		De Ward		200700315		5:01.32	+0,70	529
	50m: 28.53	28.53	150m: 1:42.82	39.70	250m: 3:05.56	43.20	350m: 4:26.06		36.26
	100m: 1:03.12	34.59	200m: 2:22.36	39.54	300m: 3:49.80	44.24	400m: 5:01.32		35.26
10.	Boele Böhm		Blue Marlins		200700739		5:02.83	+0,67	522
	50m: 30.49	30.49	150m: 1:45.13	38.47	250m: 3:08.75	45.97	350m: 4:29.85		34.50
	100m: 1:06.66	36.17	200m: 2:22.78	37.65	300m: 3:55.35	46.60	400m: 5:02.83		32.98
11.	Sem Belmon		PSV		200702099		5:03.76	+0,71	517
	50m: 31.86	31.86	150m: 1:49.69	39.38	250m: 3:10.04	42.16	350m: 4:29.31		34.91
	100m: 1:10.31	38.45	200m: 2:27.88	38.19	300m: 3:54.40	44.36	400m: 5:03.76		34.45
12.	Bjorn van den Berge		Z&PC De Zeeuwse Kust		200701991		5:04.12	+0,69	515
	50m: 31.35	31.35	150m: 1:50.57	42.14	250m: 3:13.52	42.23	350m: 4:30.77		34.35
	100m: 1:08.43	37.08	200m: 2:31.29	40.72	300m: 3:56.42	42.90	400m: 5:04.12		33.35
13.	Jisse Lousma		WVZ		200701493		5:09.20	+0,59	490
	50m: 30.22	30.22	150m: 1:45.04	39.81	250m: 3:10.97	48.56	350m: 4:35.09		36.31
	100m: 1:05.23	35.01	200m: 2:22.41	37.37	300m: 3:58.78	47.81	400m: 5:09.20		34.11
14.	Tim Zuurman		ZPC Hoogeveen		200700131		5:09.90	+0,84	487
	50m: 33.78	33.78	150m: 1:51.80	38.68	250m: 3:15.17	46.09	350m: 4:36.27		35.13
	100m: 1:13.12	39.34	200m: 2:29.08	37.28	300m: 4:01.14	45.97	400m: 5:09.90		33.63
15.	Rens Noordover		Team Noord Holland		200800237		5:10.36	+0,77	484
	50m: 31.39	31.39	150m: 1:48.34	40.15	250m: 3:12.68	44.36	350m: 4:35.05		35.62
	100m: 1:08.19	36.80	200m: 2:28.32	39.98	300m: 3:59.43	46.75	400m: 5:10.36		35.31
16.	Diede Veld		SWOL 1894		200800011		5:10.72	+0,75	483
	50m: 31.92	31.92	150m: 1:51.28	40.65	250m: 3:15.58	44.55	350m: 4:37.34		35.81
	100m: 1:10.63	38.71	200m: 2:31.03	39.75	300m: 4:01.53	45.95	400m: 5:10.72		33.38
17.	Lou van Leeuwen		De Dolfijn		200702779		5:11.47	+0,68	479
	50m: 31.91	31.91	150m: 1:51.17	41.99	250m: 3:15.71	43.24	350m: 4:37.56		36.86
	100m: 1:09.18	37.27	200m: 2:32.47	41.30	300m: 4:00.70	44.99	400m: 5:11.47		33.91
18.	Jere Wiersma		DZ&PC		200701037		5:11.54	+0,75	479
	50m: 31.76	31.76	150m: 1:50.85	40.71	250m: 3:14.89	43.89	350m: 4:36.46		35.87
	100m: 1:10.14	38.38	200m: 2:31.00	40.15	300m: 4:00.59	45.70	400m: 5:11.54		35.08
19.	Rijk Leenders		VZC		200800627		5:11.90	+0,73	477
	50m: 31.10	31.10	150m: 1:47.36	39.12	250m: 3:10.89	45.45	350m: 4:34.91		38.48
	100m: 1:08.24	37.14	200m: 2:25.44	38.08	300m: 3:56.43	45.54	400m: 5:11.90		36.99

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rang	naam		vereniging					tijd	RT	FINA		
20.	Ties Berghs		ZEPS			200700709		5:12.11	+0,70	476		
	50m:	29.79	29.79	150m:	1:47.15	41.57	250m:	3:14.35	46.14	350m:	4:38.00	36.53
	100m:	1:05.58	35.79	200m:	2:28.21	41.06	300m:	4:01.47	47.12	400m:	5:12.11	34.11
21.	Daniël Wegman		Oceanus			200802843		5:13.17	+0,71	472		
	50m:	30.48	30.48	150m:	1:49.53	41.61	250m:	3:15.10	45.69	350m:	4:39.35	36.63
	100m:	1:07.92	37.44	200m:	2:29.41	39.88	300m:	4:02.72	47.62	400m:	5:13.17	33.82
22.	Melle van Veen		Dedemsvaart-AC			200700661		5:14.58	+0,81	465		
	50m:	33.70	33.70	150m:	1:58.62	40.27	250m:	3:20.50	43.00	350m:	4:40.37	36.26
	100m:	1:18.35	44.65	200m:	2:37.50	38.88	300m:	4:04.11	43.61	400m:	5:14.58	34.21
23.	Bas Mostert		VZC			200800629		5:15.93	+0,78	459		
	50m:	31.27	31.27	150m:	1:51.23	43.00	250m:	3:20.37	45.52	350m:	4:42.84	35.33
	100m:	1:08.23	36.96	200m:	2:34.85	43.62	300m:	4:07.51	47.14	400m:	5:15.93	33.09
24.	Nout Folkersma		PSV			200800595		5:17.89	+0,74	451		
	50m:	31.62	31.62	150m:	1:51.48	40.77	250m:	3:16.80	44.52	350m:	4:41.14	38.07
	100m:	1:10.71	39.09	200m:	2:32.28	40.80	300m:	4:03.07	46.27	400m:	5:17.89	36.75
25.	Mink Hugen		Aqua-Novio'94			200801391		5:19.87	+0,74	442		
	50m:	33.56	33.56	150m:	1:54.33	42.08	250m:	3:20.27	44.80	350m:	4:44.00	37.65
	100m:	1:12.25	38.69	200m:	2:35.47	41.14	300m:	4:06.35	46.08	400m:	5:19.87	35.87
26.	Thijs Poll		ZV 44			200700203		5:20.24	+0,67	441		
	50m:	33.89	33.89	150m:	1:57.81	40.07	250m:	3:22.63	45.94	350m:	4:46.32	35.45
	100m:	1:17.74	43.85	200m:	2:36.69	38.88	300m:	4:10.87	48.24	400m:	5:20.24	33.92
27.	Floris van der Salm		De Dolfijn			200700705		5:20.60	+0,68	439		
	50m:	31.91	31.91	150m:	1:52.39	40.72	250m:	3:18.59	45.68	350m:	4:43.60	38.49
	100m:	1:11.67	39.76	200m:	2:32.91	40.52	300m:	4:05.11	46.52	400m:	5:20.60	37.00
28.	Gijs Hartwijk		ZVL-1886 Center			200800573		5:21.09	+0,63	437		
	50m:	31.93	31.93	150m:	1:51.78	42.00	250m:	3:18.60	45.93	350m:	4:43.72	37.87
	100m:	1:09.78	37.85	200m:	2:32.67	40.89	300m:	4:05.85	47.25	400m:	5:21.09	37.37
29.	Bram ter Braak		De Dinkel			200800281		5:21.74	+0,77	435		
	50m:	31.24	31.24	150m:	1:50.61	41.18	250m:	3:20.13	48.34	350m:	4:46.25	37.35
	100m:	1:09.43	38.19	200m:	2:31.79	41.18	300m:	4:08.90	48.77	400m:	5:21.74	35.49
30.	Jesse Jacobs		HZPC			200700407		5:26.55	+0,76	416		
	50m:	33.17	33.17	150m:	1:55.97	41.84	250m:	3:22.77	45.27	350m:	4:49.82	39.63
	100m:	1:14.13	40.96	200m:	2:37.50	41.53	300m:	4:10.19	47.42	400m:	5:26.55	36.73
31.	Matthijs de Rooij		WZK			200803481		5:27.41	+0,80	413		
	50m:	34.57	34.57	150m:	1:57.77	41.57	250m:	3:23.97	45.45	350m:	4:49.29	39.50
	100m:	1:16.20	41.63	200m:	2:38.52	40.75	300m:	4:09.79	45.82	400m:	5:27.41	38.12
32.	Jamie Kenworthy		De Dolfijn			200800045		5:31.87	+0,70	396		
	50m:	30.89	30.89	150m:	1:52.02	43.12	250m:	3:21.54	47.47	350m:	4:51.43	40.43
	100m:	1:08.90	38.01	200m:	2:34.07	42.05	300m:	4:11.00	49.46	400m:	5:31.87	40.44
33.	Youp Stuifzand		ZV 44			200800521		5:41.90	+0,66	362		
	50m:	32.02	32.02	150m:	2:03.08	48.36	250m:	3:30.77	41.22	350m:	5:01.10	41.79
	100m:	1:14.72	42.70	200m:	2:49.55	46.47	300m:	4:19.31	48.54	400m:	5:41.90	40.80
DIS	Willem Weustink		Team Noord Holland			200800109						
	<i>VM - Na start en/of keerpunt niet bij of voor de 15m met het hoofd het wateroppervlak doorbroken.</i>											
DIS	Denzel Barthen		WVZ			200700147						
	<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>											
DIS	Tim Boerefijn		WVZ			200802815						
	<i>SU - Niet gezwommen in de cyclus van eerst armslag dan beenslag of een onvolledige cyclus (behalve bij de laatste slag voor keer- of eindpunt)</i>											