

Programmanr. 35
 18-06-2023 - 9:45

Jongens, 400m vrije slag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

rang	naam		vereniging					tijd	RT	FINA
1.	Tiago Fonseca Gomes		PSV		200703587			4:02.96	+0,63	743
	50m: 27.11	27.11	150m: 1:28.21	30.98	250m: 2:31.56	31.43	350m: 3:34.39			30.89
	100m: 57.23	30.12	200m: 2:00.13	31.92	300m: 3:03.50	31.94	400m: 4:02.96			28.57
2.	Bram Loots		Team Noord Holland		200700197			4:03.16	+0,66	741
	50m: 27.54	27.54	150m: 1:28.57	31.08	250m: 2:31.56	31.63	350m: 3:34.43			31.58
	100m: 57.49	29.95	200m: 1:59.93	31.36	300m: 3:02.85	31.29	400m: 4:03.16			28.73
3.	Tieme Wiersma		DZ&PC		200701031			4:16.25	+0,72	633
	50m: 28.68	28.68	150m: 1:32.03	32.34	250m: 2:38.17	33.14	350m: 3:44.61			33.29
	100m: 59.69	31.01	200m: 2:05.03	33.00	300m: 3:11.32	33.15	400m: 4:16.25			31.64
4.	Xiaoyu Yin		Blue Marlins		200803363			4:22.15	+0,66	591
	50m: 28.81	28.81	150m: 1:34.63	33.25	250m: 2:41.13	32.72	350m: 3:48.22			33.62
	100m: 1:01.38	32.57	200m: 2:08.41	33.78	300m: 3:14.60	33.47	400m: 4:22.15			33.93
5.	Tijn Hilders		De Dolfijn		200700027			4:23.18	+0,77	584
	50m: 29.37	29.37	150m: 1:35.83	33.74	250m: 2:44.32	34.26	350m: 3:51.66			33.11
	100m: 1:02.09	32.72	200m: 2:10.06	34.23	300m: 3:18.55	34.23	400m: 4:23.18			31.52
6.	Tim van Erven		DZ&PC		200700175			4:24.27	+0,72	577
	50m: 28.78	28.78	150m: 1:34.41	33.64	250m: 2:42.80	34.42	350m: 3:52.41			34.56
	100m: 1:00.77	31.99	200m: 2:08.38	33.97	300m: 3:17.85	35.05	400m: 4:24.27			31.86
7.	Siem de Zeeuw		OZ&PC		200800013			4:24.55	+0,70	575
	50m: 27.86	27.86	150m: 1:34.31	33.96	250m: 2:43.98	34.83	350m: 3:51.78			33.32
	100m: 1:00.35	32.49	200m: 2:09.15	34.84	300m: 3:18.46	34.48	400m: 4:24.55			32.77
8.	Boele Böhm		Blue Marlins		200700739			4:25.00	+0,75	572
	50m: 29.17	29.17	150m: 1:36.59	33.98	250m: 2:45.04	33.87	350m: 3:52.83			33.78
	100m: 1:02.61	33.44	200m: 2:11.17	34.58	300m: 3:19.05	34.01	400m: 4:25.00			32.17
9.	Sem Belmon		PSV		200702099			4:25.37	+0,72	570
	50m: 30.05	30.05	150m: 1:35.85	33.40	250m: 2:43.63	33.94	350m: 3:52.28			34.16
	100m: 1:02.45	32.40	200m: 2:09.69	33.84	300m: 3:18.12	34.49	400m: 4:25.37			33.09
10.	Milan Veelders		De Dinkel		200800279			4:25.96	+0,81	566
	50m: 29.48	29.48	150m: 1:36.74	34.09	250m: 2:44.05	33.10	350m: 3:53.11			34.74
	100m: 1:02.65	33.17	200m: 2:10.95	34.21	300m: 3:18.37	34.32	400m: 4:25.96			32.85
11.	Jaydey Schonewille		Steenwijk 1934		200800025			4:26.76	+0,79	561
	50m: 30.58	30.58	150m: 1:37.54	33.74	250m: 2:46.54	34.11	350m: 3:54.38			33.63
	100m: 1:03.80	33.22	200m: 2:12.43	34.89	300m: 3:20.75	34.21	400m: 4:26.76			32.38
12.	Denzel Barthen		WVZ		200700147			4:27.26	+0,77	558
	50m: 28.86	28.86	150m: 1:35.36	34.13	250m: 2:45.22	34.98	350m: 3:58.34			36.72
	100m: 1:01.23	32.37	200m: 2:10.24	34.88	300m: 3:21.62	36.40	400m: 4:27.26			28.92
13.	Ties Berghs		ZEPS		200700709			4:27.79	+0,69	555
	50m: 28.39	28.39	150m: 1:33.72	33.38	250m: 2:43.53	35.33	350m: 3:54.48			35.45
	100m: 1:00.34	31.95	200m: 2:08.20	34.48	300m: 3:19.03	35.50	400m: 4:27.79			33.31
14.	Diede Veld		SWOL 1894		200800011			4:31.31	+0,77	533
	50m: 29.79	29.79	150m: 1:37.28	34.63	250m: 2:47.44	35.24	350m: 3:57.95			34.85
	100m: 1:02.65	32.86	200m: 2:12.20	34.92	300m: 3:23.10	35.66	400m: 4:31.31			33.36
15.	Melle van Veen		Dedemsvaart-AC		200700661			4:31.72	+0,81	531
	50m: 30.29	30.29	150m: 1:39.29	35.13	250m: 2:48.89	34.94	350m: 3:58.81			34.88
	100m: 1:04.16	33.87	200m: 2:13.95	34.66	300m: 3:23.93	35.04	400m: 4:31.72			32.91
16.	Bas Mostert		VZC		200800629			4:32.24	+0,86	528
	50m: 30.54	30.54	150m: 1:39.07	34.28	250m: 2:47.92	34.52	350m: 3:58.46			35.39
	100m: 1:04.79	34.25	200m: 2:13.40	34.33	300m: 3:23.07	35.15	400m: 4:32.24			33.78
17.	Tim Boerefijn		WVZ		200802815			4:32.99	+0,80	523
	50m: 30.32	30.32	150m: 1:39.16	35.01	250m: 2:49.76	36.00	350m: 4:01.53			36.33
	100m: 1:04.15	33.83	200m: 2:13.76	34.60	300m: 3:25.20	35.44	400m: 4:32.99			31.46
18.	Rens Noordover		Team Noord Holland		200800237			4:33.97	+0,75	518
	50m: 29.23	29.23	150m: 1:36.80	34.48	250m: 2:47.87	35.36	350m: 3:59.39			35.65
	100m: 1:02.32	33.09	200m: 2:12.51	35.71	300m: 3:23.74	35.87	400m: 4:33.97			34.58
19.	Gijs Koehoorn		HZ&PC Heerenveen		200800275			4:34.22	+0,69	516
	50m: 29.80	29.80	150m: 1:38.07	34.96	250m: 2:48.52	35.17	350m: 3:59.41			35.22
	100m: 1:03.11	33.31	200m: 2:13.35	35.28	300m: 3:24.19	35.67	400m: 4:34.22			34.81

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rang	naam		vereniging					tijd	RT	FINA	
20.	Bram ter Braak		De Dinkel			200800281		4:34.46	+0,77	515	
	50m:	29.13	150m:	1:38.95	36.13	250m:	2:50.04	35.22	350m:	4:00.83	34.75
	100m:	1:02.82	200m:	2:14.82	35.87	300m:	3:26.08	36.04	400m:	4:34.46	33.63
21.	Jere Wiersma		DZ&PC			200701037		4:35.03	+0,82	512	
	50m:	30.51	150m:	1:39.89	34.92	250m:	2:50.13	35.17	350m:	4:01.07	35.25
	100m:	1:04.97	200m:	2:14.96	35.07	300m:	3:25.82	35.69	400m:	4:35.03	33.96
22.	Thijs Poll		ZV 44			200700203		4:36.11	+0,71	506	
	50m:	29.92	150m:	1:39.49	35.51	250m:	2:51.86	36.17	350m:	4:03.21	35.00
	100m:	1:03.98	200m:	2:15.69	36.20	300m:	3:28.21	36.35	400m:	4:36.11	32.90
23.	Arnoud Bult		De Dinkel			200701387		4:36.42	+0,79	504	
	50m:	29.68	150m:	1:38.12	34.86	250m:	2:49.93	35.67	350m:	4:01.75	34.99
	100m:	1:03.26	200m:	2:14.26	36.14	300m:	3:26.76	36.83	400m:	4:36.42	34.67
24.	Tim Zuurman		ZPC Hoogeveen			200700131		4:36.59	+0,81	503	
	50m:	31.75	150m:	1:42.15	35.29	250m:	2:53.35	35.53	350m:	4:03.77	34.81
	100m:	1:06.86	200m:	2:17.82	35.67	300m:	3:28.96	35.61	400m:	4:36.59	32.82
25.	Finn Rust		Nextline Swimming			200700469		4:36.90	+0,70	502	
	50m:	30.58	150m:	1:40.61	35.03	250m:	2:51.75	35.65	350m:	4:02.48	33.94
	100m:	1:05.58	200m:	2:16.10	35.49	300m:	3:28.54	36.79	400m:	4:36.90	34.42
26.	Felix Gepkens		VZC			200800631		4:36.93	+0,78	501	
	50m:	29.81	150m:	1:39.64	35.66	250m:	2:51.29	35.57	350m:	4:02.90	35.43
	100m:	1:03.98	200m:	2:15.72	36.08	300m:	3:27.47	36.18	400m:	4:36.93	34.03
27.	Gaëtan Spicq		Blue Marlins			200701807		4:37.60	+0,72	498	
	50m:	29.86	150m:	1:38.26	35.27	250m:	2:50.79	36.20	350m:	4:03.59	36.36
	100m:	1:02.99	200m:	2:14.59	36.33	300m:	3:27.23	36.44	400m:	4:37.60	34.01
28.	Gijs Hartwijk		ZVL-1886 Center			200800573		4:42.73	+0,67	471	
	50m:	32.11	150m:	1:43.67	36.01	250m:	2:56.06	36.39	350m:	4:08.96	36.48
	100m:	1:07.66	200m:	2:19.67	36.00	300m:	3:32.48	36.42	400m:	4:42.73	33.77
29.	Lou van Leeuwen		De Dolfijn			200702779		4:42.92	+0,77	470	
	50m:	31.24	150m:	1:42.02	35.90	250m:	2:55.75	36.72	350m:	4:07.69	36.46
	100m:	1:06.12	200m:	2:19.03	37.01	300m:	3:31.23	35.48	400m:	4:42.92	35.23
30.	Bjorn Scholten		WS Twente			200801143		4:46.24	+0,82	454	
	50m:	29.07	150m:	1:39.33	36.77	250m:	2:53.59	36.91	350m:	4:10.02	37.64
	100m:	1:02.56	200m:	2:16.68	37.35	300m:	3:32.38	38.79	400m:	4:46.24	36.22
DIS	Jesse Molegraaf		ZPC AMERSFOORT			200800887					
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>										
NG	Willem Weustink		Team Noord Holland			200800109					