

Programmanr. 2
 16-06-2023 - 16:30

Jongens, 400m vrije slag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

rang	naam		vereniging					tijd	RT	FINA
1.	Tobian Vos		ZPC AMERSFOORT		200900005			4:24.23	+0,71	577
	50m: 29.01	29.01	150m: 1:34.16	33.43	250m: 2:43.09	34.43	350m: 3:51.85	34.04		34.04
	100m: 1:00.73	31.72	200m: 2:08.66	34.50	300m: 3:17.81	34.72	400m: 4:24.23	32.38		32.38
2.	Theodore Allan		PSV		200902925			4:24.25	+0,65	577
	50m: 29.16	29.16	150m: 1:35.71	34.02	250m: 2:43.90	34.07	350m: 3:52.26	34.03		34.03
	100m: 1:01.69	32.53	200m: 2:09.83	34.12	300m: 3:18.23	34.33	400m: 4:24.25	31.99		31.99
3.	Sven Koornstra		De Vikings		200900189			4:27.74	+0,73	555
	50m: 30.87	30.87	150m: 1:38.38	33.45	250m: 2:47.50	34.09	350m: 3:54.46	32.66		32.66
	100m: 1:04.93	34.06	200m: 2:13.41	35.03	300m: 3:21.80	34.30	400m: 4:27.74	33.28		33.28
4.	Tim van de Moosdijk		PSV		200900187			4:31.24	+0,79	534
	50m: 29.02	29.02	150m: 1:35.82	34.30	250m: 2:46.49	35.46	350m: 3:57.23	35.46		35.46
	100m: 1:01.52	32.50	200m: 2:11.03	35.21	300m: 3:21.77	35.28	400m: 4:31.24	34.01		34.01
5.	Giulian Janssen		PSV		200900125			4:32.40	+0,62	527
	50m: 28.98	28.98	150m: 1:37.47	34.74	250m: 2:47.94	35.03	350m: 3:58.01	34.88		34.88
	100m: 1:02.73	33.75	200m: 2:12.91	35.44	300m: 3:23.13	35.19	400m: 4:32.40	34.39		34.39
6.	Jelte de Jong		ZPCH		200900975			4:32.43	+0,63	527
	50m: 30.62	30.62	150m: 1:38.67	34.36	250m: 2:48.46	34.88	350m: 3:58.09	34.74		34.74
	100m: 1:04.31	33.69	200m: 2:13.58	34.91	300m: 3:23.35	34.89	400m: 4:32.43	34.34		34.34
7.	Wanne van Geest		ZV Vlaardingen-Schiedam		200901425			4:35.81	+0,74	507
	50m: 30.21	30.21	150m: 1:39.87	35.75	250m: 2:51.73	36.32	350m: 4:01.78	34.48		34.48
	100m: 1:04.12	33.91	200m: 2:15.41	35.54	300m: 3:27.30	35.57	400m: 4:35.81	34.03		34.03
8.	Mattia Maggio		Hellas-Glana		200903311			4:37.76	+0,67	497
	50m: 30.11	30.11	150m: 1:38.85	35.17	250m: 2:48.49	34.68	350m: 4:01.08	36.99		36.99
	100m: 1:03.68	33.57	200m: 2:13.81	34.96	300m: 3:24.09	35.60	400m: 4:37.76	36.68		36.68
9.	Feddo Smink		ZPC AMERSFOORT		200900007			4:37.83	+0,65	496
	50m: 30.17	30.17	150m: 1:39.23	34.94	250m: 2:50.65	35.58	350m: 4:03.37	36.40		36.40
	100m: 1:04.29	34.12	200m: 2:15.07	35.84	300m: 3:26.97	36.32	400m: 4:37.83	34.46		34.46
10.	Martijn Nies		PSV		200902095			4:38.43	+0,65	493
	50m: 29.84	29.84	150m: 1:38.56	35.16	250m: 2:49.84	35.91	350m: 4:03.10	36.78		36.78
	100m: 1:03.40	33.56	200m: 2:13.93	35.37	300m: 3:26.32	36.48	400m: 4:38.43	35.33		35.33
11.	Felbe van 't Land		ZPC AMERSFOORT		200900027			4:39.47	+0,74	488
	50m: 29.96	29.96	150m: 1:40.29	35.75	250m: 2:52.28	36.09	350m: 4:04.74	36.34		36.34
	100m: 1:04.54	34.58	200m: 2:16.19	35.90	300m: 3:28.40	36.12	400m: 4:39.47	34.73		34.73
12.	Davi Fonseca Gomes		PSV		200902795			4:40.44	+0,71	483
	50m: 30.01	30.01	150m: 1:40.45	35.99	250m: 2:52.57	36.18	350m: 4:05.72	36.01		36.01
	100m: 1:04.46	34.45	200m: 2:16.39	35.94	300m: 3:29.71	37.14	400m: 4:40.44	34.72		34.72
13.	Sverre van der Zwaan		WVZ		200900737			4:40.63	+0,74	482
	50m: 30.61	30.61	150m: 1:40.83	35.81	250m: 2:52.95	36.30	350m: 4:05.89	36.45		36.45
	100m: 1:05.02	34.41	200m: 2:16.65	35.82	300m: 3:29.44	36.49	400m: 4:40.63	34.74		34.74
14.	Finn Hilders		De Dolfijn		200900283			4:40.71	+0,69	481
	50m: 30.31	30.31	150m: 1:41.98	36.46	250m: 2:54.04	35.62	350m: 4:06.18	35.93		35.93
	100m: 1:05.52	35.21	200m: 2:18.42	36.44	300m: 3:30.25	36.21	400m: 4:40.71	34.53		34.53
15.	Finn Eghuizen		HZ&PC Heerenveen		200900431			4:42.10	+0,77	474
	50m: 30.09	30.09	150m: 1:40.22	35.79	250m: 2:52.36	36.08	350m: 4:06.65	36.96		36.96
	100m: 1:04.43	34.34	200m: 2:16.28	36.06	300m: 3:29.69	37.33	400m: 4:42.10	35.45		35.45
16.	Mike Hilders		De Dolfijn		200900281			4:43.74	+0,73	466
	50m: 29.96	29.96	150m: 1:40.08	35.81	250m: 2:53.48	37.03	350m: 4:07.17	37.14		37.14
	100m: 1:04.27	34.31	200m: 2:16.45	36.37	300m: 3:30.03	36.55	400m: 4:43.74	36.57		36.57
17.	Ivo Bot		Wiekslag		200900509			4:44.52	+0,68	462
	50m: 29.80	29.80	150m: 1:42.49	36.90	250m: 2:57.03	37.38	350m: 4:10.75	36.38		36.38
	100m: 1:05.59	35.79	200m: 2:19.65	37.16	300m: 3:34.37	37.34	400m: 4:44.52	33.77		33.77
18.	Adriaan Coppelmans		AZC		200903243			4:45.23	+0,71	459
	50m: 29.74	29.74	150m: 1:39.15	35.34	250m: 2:53.30	37.04	350m: 4:08.53	37.32		37.32
	100m: 1:03.81	34.07	200m: 2:16.26	37.11	300m: 3:31.21	37.91	400m: 4:45.23	36.70		36.70
19.	Stefan van der Meer		VZC		200901361			4:47.92	+0,71	446
	50m: 30.61	30.61	150m: 1:41.95	36.52	250m: 2:56.94	37.05	350m: 4:12.27	37.41		37.41
	100m: 1:05.43	34.82	200m: 2:19.89	37.94	300m: 3:34.86	37.92	400m: 4:47.92	35.65		35.65

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rang	naam	vereniging	tijd	RT	FINA		
20.	Ruben Baars	DWK	200900471	4:47.93 +0,63	446		
	50m: 30.15	150m: 1:41.05	36.18	250m: 2:55.65	37.47	350m: 4:11.52	37.90
	100m: 1:04.87	200m: 2:18.18	37.13	300m: 3:33.62	37.97	400m: 4:47.93	36.41
21.	Thygo van de Peppel	Blue Marlins	200901101	4:49.81 +0,63	437		
	50m: 30.65	150m: 1:44.10	36.84	250m: 2:59.92	38.16	350m: 4:14.96	36.77
	100m: 1:07.26	200m: 2:21.76	37.66	300m: 3:38.19	38.27	400m: 4:49.81	34.85
22.	Thomas Nauta	Arethusa	200900339	4:51.41 +0,75	430		
	50m: 32.26	150m: 1:46.22	37.66	250m: 3:01.45	37.47	350m: 4:15.91	36.68
	100m: 1:08.56	200m: 2:23.98	37.76	300m: 3:39.23	37.78	400m: 4:51.41	35.50
23.	Aidan van der Stelt	De Geul	200900901	4:52.47 +0,69	426		
	50m: 31.07	150m: 1:45.54	37.59	250m: 3:02.19	38.80	350m: 4:17.61	37.35
	100m: 1:07.95	200m: 2:23.39	37.85	300m: 3:40.26	38.07	400m: 4:52.47	34.86
24.	Evren Ege Orcunus	De Dolfijn	201003253	4:52.59 +0,71	425		
	50m: 31.23	150m: 1:43.76	37.33	250m: 3:00.07	38.41	350m: 4:17.17	38.66
	100m: 1:06.43	200m: 2:21.66	37.90	300m: 3:38.51	38.44	400m: 4:52.59	35.42
25.	Luca Boorsma	De Columbiaan	200902031	4:52.65 +0,64	425		
	50m: 30.94	150m: 1:42.86	36.83	250m: 2:58.34	37.94	350m: 4:15.03	37.95
	100m: 1:06.03	200m: 2:20.40	37.54	300m: 3:37.08	38.74	400m: 4:52.65	37.62
26.	Thijmen Pruijssers	Hieronymus	201000129	4:54.20 +0,68	418		
	50m: 31.66	150m: 1:45.12	37.48	250m: 3:01.55	38.06	350m: 4:17.71	38.26
	100m: 1:07.64	200m: 2:23.49	38.37	300m: 3:39.45	37.90	400m: 4:54.20	36.49
27.	Sacha van Hees Ajdnik	ZEPS	200900489	4:55.51 +0,73	413		
	50m: 32.65	150m: 1:48.72	38.43	250m: 3:05.61	37.63	350m: 4:21.95	38.30
	100m: 1:10.29	200m: 2:27.98	39.26	300m: 3:43.65	38.04	400m: 4:55.51	33.56
28.	Mathijs de Wit	KSN (SG)	201001215	4:56.18 +0,72	410		
	50m: 32.98	150m: 1:50.31	39.21	250m: 3:08.33	38.76	350m: 4:23.85	37.46
	100m: 1:11.10	200m: 2:29.57	39.26	300m: 3:46.39	38.06	400m: 4:56.18	32.33
29.	Roy Hofman	DZ&PC	200900439	4:57.80 +0,77	403		
	50m: 31.93	150m: 1:46.81	38.21	250m: 3:04.58	39.02	350m: 4:21.38	37.68
	100m: 1:08.60	200m: 2:25.56	38.75	300m: 3:43.70	39.12	400m: 4:57.80	36.42
30.	Owen Houdé	De Geul	200900903	4:57.93 +0,71	403		
	50m: 31.63	150m: 1:47.41	38.70	250m: 3:05.95	39.38	350m: 4:24.11	38.38
	100m: 1:08.71	200m: 2:26.57	39.16	300m: 3:45.73	39.78	400m: 4:57.93	33.82
	Tariq van Laar	De Rijn	200900819	4:57.93 +0,71	403		
	50m: 31.64	150m: 1:46.69	37.93	250m: 3:05.34	39.76	350m: 4:22.81	37.90
	100m: 1:08.76	200m: 2:25.58	38.89	300m: 3:44.91	39.57	400m: 4:57.93	35.12
32.	Mathieu Gepkens	VZC	201000045	4:58.38 +0,70	401		
	50m: 31.97	150m: 1:45.77	37.46	250m: 3:02.78	38.51	350m: 4:21.01	39.38
	100m: 1:08.31	200m: 2:24.27	38.50	300m: 3:41.63	38.85	400m: 4:58.38	37.37
33.	Max van der Spank	Hieronymus	201000275	4:58.40 +0,71	401		
	50m: 32.09	150m: 1:47.01	37.53	250m: 3:03.87	38.60	350m: 4:21.21	38.19
	100m: 1:09.48	200m: 2:25.27	38.26	300m: 3:43.02	39.15	400m: 4:58.40	37.19
34.	Duuk Harms	Dedemsvaart-AC	200900201	4:58.47 +0,77	400		
	50m: 31.98	150m: 1:43.52	36.38	250m: 2:59.62	37.87	350m: 4:19.11	40.25
	100m: 1:07.14	200m: 2:21.75	38.23	300m: 3:38.86	39.24	400m: 4:58.47	39.36
35.	Jan Schouten	ZVL-1886 Center	200902305	4:59.33 +0,87	397		
	50m: 32.19	150m: 1:46.08	37.70	250m: 3:03.67	38.75	350m: 4:21.99	39.02
	100m: 1:08.38	200m: 2:24.92	38.84	300m: 3:42.97	39.30	400m: 4:59.33	37.34
36.	Xander Kragting	De Blauwe Schuur	200900077	4:59.87 +0,73	395		
	50m: 31.89	150m: 1:45.17	37.47	250m: 3:03.74	39.48	350m: 4:22.54	39.10
	100m: 1:07.70	200m: 2:24.26	39.09	300m: 3:43.44	39.70	400m: 4:59.87	37.33
37.	Paul Ruitenbergh	De Geul	200900979	5:01.51 +0,71	388		
	50m: 30.65	150m: 1:44.92	38.02	250m: 3:04.55	40.09	350m: 4:25.10	40.32
	100m: 1:06.90	200m: 2:24.46	39.54	300m: 3:44.78	40.23	400m: 5:01.51	36.41
38.	Lucas Schouten	ZPCH	200901925	5:01.93 +0,70	387		
	50m: 33.76	150m: 1:49.59	38.56	250m: 3:07.28	38.37	350m: 4:24.28	38.56
	100m: 1:11.03	200m: 2:28.91	39.32	300m: 3:45.72	38.44	400m: 5:01.93	37.65
39.	Dinand Kop	DAW	200901001	5:02.10 +0,81	386		
	50m: 32.07	150m: 1:46.23	38.14	250m: 3:05.10	39.30	350m: 4:24.13	38.96
	100m: 1:08.09	200m: 2:25.80	39.57	300m: 3:45.17	40.07	400m: 5:02.10	37.97

Programmanr. 2, Jongens, 400m vrije slag, Junioren 1 en 2

rang	naam		vereniging				tijd	RT	FINA		
40.	Bink de Vries		AZC		200901887		5:02.11	+0,68	386		
	50m:	32.06	150m:	1:46.47	37.90	250m:	3:05.60	39.66	350m:	4:24.83	39.14
	100m:	1:08.57	200m:	2:25.94	39.47	300m:	3:45.69	40.09	400m:	5:02.11	37.28
41.	Dax van den Nouland		Blue Marlins		201000071		5:02.62	+0,68	384		
	50m:	32.87	150m:	1:48.15	38.53	250m:	3:06.00	38.99	350m:	4:24.54	39.36
	100m:	1:09.62	200m:	2:27.01	38.86	300m:	3:45.18	39.18	400m:	5:02.62	38.08
42.	Oleksandr Hordiienko		De Aalscholver		201003061		5:04.41	+0,70	377		
	50m:	33.48	150m:	1:52.30	39.99	250m:	3:12.08	39.63	350m:	4:28.61	36.89
	100m:	1:12.31	200m:	2:32.45	40.15	300m:	3:51.72	39.64	400m:	5:04.41	35.80
43.	Myron Artemenko		Niemo Barracuda		201003021		5:05.57	+0,72	373		
	50m:	32.05	150m:	1:48.98	38.96	250m:	3:09.78	40.34	350m:	4:28.34	38.97
	100m:	1:10.02	200m:	2:29.44	40.46	300m:	3:49.37	39.59	400m:	5:05.57	37.23
44.	Floris van de Wal		De Treffers		200900495		5:06.12	+0,73	371		
	50m:	32.52	150m:	1:50.11	39.82	250m:	3:12.02	41.13	350m:	4:31.00	38.34
	100m:	1:10.29	200m:	2:30.89	40.78	300m:	3:52.66	40.64	400m:	5:06.12	35.12
45.	Sascha Timmer		AZC		200902987		5:06.69	+0,62	369		
	50m:	31.59	150m:	1:46.96	38.40	250m:	3:06.66	40.11	350m:	4:28.35	41.31
	100m:	1:08.56	200m:	2:26.55	39.59	300m:	3:47.04	40.38	400m:	5:06.69	38.34
46.	Ruben Kragt		ZV 44		201000007		5:07.17	+0,73	367		
	50m:	32.14	150m:	1:48.24	39.08	250m:	3:07.44	39.42	350m:	4:28.34	40.53
	100m:	1:09.16	200m:	2:28.02	39.78	300m:	3:47.81	40.37	400m:	5:07.17	38.83
47.	Mauro Bedeke		DAW		201000537		5:08.12	+0,61	364		
	50m:	32.74	150m:	1:48.73	38.58	250m:	3:08.53	39.89	350m:	4:28.84	40.08
	100m:	1:10.15	200m:	2:28.64	39.91	300m:	3:48.76	40.23	400m:	5:08.12	39.28
48.	Brent Schiffers		ZPC Woerden		200902041		5:08.62	+0,79	362		
	50m:	32.55	150m:	1:47.99	38.16	250m:	3:07.90	40.68	350m:	4:30.15	40.81
	100m:	1:09.83	200m:	2:27.22	39.23	300m:	3:49.34	41.44	400m:	5:08.62	38.47
49.	Dani Yefimov		WS Twente		200901305		5:21.02	+0,79	322		
	50m:	34.31	150m:	1:53.38	40.57	250m:	3:17.11	41.65	350m:	4:40.29	41.64
	100m:	1:12.81	200m:	2:35.46	42.08	300m:	3:58.65	41.54	400m:	5:21.02	40.73
50.	Sven Vette		De Bevelanders		200900519		5:24.90	+0,71	310		
	50m:	32.94	150m:	1:49.63	39.16	250m:	3:13.66	43.28	350m:	4:42.70	44.28
	100m:	1:10.47	200m:	2:30.38	40.75	300m:	3:58.42	44.76	400m:	5:24.90	42.20