

Programmanr. 1
 16-06-2023 - 16:00

Meisjes, 400m vrije slag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

rang	naam	vereniging	tijd	RT	FINA
1.	Malin Roozeboom	WVZ	201100006	4:51.72 +0,90	532
	50m: 32.78	150m: 1:46.79	250m: 3:01.11	350m: 4:16.14	37.32
	100m: 1:09.62	200m: 2:23.95	300m: 3:38.82	400m: 4:51.72	35.58
2.	Fenne Metten	ZPC AMERSFOORT	201000102	4:58.62 +0,76	496
	50m: 32.59	150m: 1:47.11	250m: 3:04.60	350m: 4:22.28	38.91
	100m: 1:09.34	200m: 2:25.79	300m: 3:43.37	400m: 4:58.62	36.34
3.	Nina van der Schrier	AZC	201000444	4:59.04 +0,77	494
	50m: 32.22	150m: 1:46.94	250m: 3:04.22	350m: 4:21.98	38.56
	100m: 1:08.70	200m: 2:25.38	300m: 3:43.42	400m: 4:59.04	37.06
4.	Marre van der Wal	Bolsward-Workum (SG)	201000046	5:00.86 +0,78	485
	50m: 33.96	150m: 1:49.37	250m: 3:07.38	350m: 4:24.80	38.32
	100m: 1:11.25	200m: 2:28.11	300m: 3:46.48	400m: 5:00.86	36.06
5.	Erin de Jong	GZC DONK	201000024	5:01.16 +0,95	483
	50m: 32.38	150m: 1:46.86	250m: 3:03.99	350m: 4:23.00	39.10
	100m: 1:09.15	200m: 2:25.36	300m: 3:43.90	400m: 5:01.16	38.16
6.	Nina Tetteroo	De Columbiaan	201000048	5:02.76 +0,75	476
	50m: 33.41	150m: 1:48.97	250m: 3:06.73	350m: 4:25.30	39.65
	100m: 1:10.98	200m: 2:27.81	300m: 3:45.65	400m: 5:02.76	37.46
7.	Paula Spans	ZV 44	201000064	5:03.73 +0,78	471
	50m: 31.89	150m: 1:44.99	250m: 3:04.17	350m: 4:25.10	40.37
	100m: 1:07.31	200m: 2:24.00	300m: 3:44.73	400m: 5:03.73	38.63
8.	Mariia Kostina	Blue Marlins	201002042	5:04.15 +0,78	469
	50m: 32.08	150m: 1:47.97	250m: 3:07.53	350m: 4:26.23	39.25
	100m: 1:09.50	200m: 2:27.26	300m: 3:46.98	400m: 5:04.15	37.92
9.	Julia D browska	Blue Marlins	201000300	5:05.62 +0,75	462
	50m: 32.46	150m: 1:47.29	250m: 3:05.91	350m: 4:26.09	39.82
	100m: 1:09.31	200m: 2:26.47	300m: 3:46.27	400m: 5:05.62	39.53
10.	Frédérique Nijziel	PSV	201103114	5:06.44 +0,80	459
	50m: 33.25	150m: 1:51.50	250m: 3:10.88	350m: 4:28.78	38.58
	100m: 1:11.84	200m: 2:31.50	300m: 3:50.20	400m: 5:06.44	37.66
11.	Tess van de Steeg	WVZ	201000016	5:06.68 +0,77	458
	50m: 32.54	150m: 1:48.49	250m: 3:07.33	350m: 4:27.79	39.88
	100m: 1:10.01	200m: 2:28.02	300m: 3:47.91	400m: 5:06.68	38.89
12.	Anne Engbersen	De Fuut	201000044	5:06.77 +0,75	457
	50m: 32.63	150m: 1:48.40	250m: 3:09.35	350m: 4:30.70	40.55
	100m: 1:09.53	200m: 2:28.85	300m: 3:50.15	400m: 5:06.77	36.07
13.	Wieke Dekker	De Dolfijn	201002020	5:06.95 +0,70	456
	50m: 33.56	150m: 1:50.67	250m: 3:09.38	350m: 4:28.49	38.83
	100m: 1:11.68	200m: 2:29.76	300m: 3:49.66	400m: 5:06.95	38.46
14.	Senna Boogmans	De Duinkikers	201000640	5:07.47 +0,80	454
	50m: 32.84	150m: 1:48.72	250m: 3:08.26	350m: 4:28.71	40.19
	100m: 1:09.90	200m: 2:28.17	300m: 3:48.52	400m: 5:07.47	38.76
15.	Maya Fahmi	De Dolfijn	201003278	5:07.59 +0,70	453
	50m: 33.52	150m: 1:50.88	250m: 3:09.87	350m: 4:29.56	39.48
	100m: 1:11.12	200m: 2:30.75	300m: 3:50.08	400m: 5:07.59	38.03
16.	Freeke Super	PSV	201003638	5:08.03 +0,67	452
	50m: 34.54	150m: 1:51.93	250m: 3:11.38	350m: 4:30.08	38.79
	100m: 1:13.35	200m: 2:31.91	300m: 3:51.29	400m: 5:08.03	37.95
17.	Elin Baars	DWK	201000138	5:08.30 +0,80	450
	50m: 34.95	150m: 1:53.27	250m: 3:12.01	350m: 4:31.02	39.09
	100m: 1:13.72	200m: 2:32.97	300m: 3:51.93	400m: 5:08.30	37.28
18.	Noa van Zalk	ZPC AMERSFOORT	201102534	5:08.87 +0,57	448
	50m: 33.78	150m: 1:48.94	250m: 3:07.64	350m: 4:28.55	40.69
	100m: 1:10.65	200m: 2:28.16	300m: 3:47.86	400m: 5:08.87	40.32
19.	Carla Moreno Palacios	De Dolfijn	201002302	5:09.05 +0,71	447
	50m: 32.92	150m: 1:49.68	250m: 3:10.00	350m: 4:31.70	41.04
	100m: 1:10.34	200m: 2:29.48	300m: 3:50.66	400m: 5:09.05	37.35

Programmanr. 1, Meisjes, 400m vrije slag, Junioren 1 en 2

rang	naam	vereniging	tijd	RT	FINA			
20.	Anna Lepoutre	PSV	201100534	5:10.79 +0,69	440			
	50m: 31.73	31.73	150m: 1:48.97	39.31	250m: 3:09.50	41.26	350m: 4:31.53	41.62
	100m: 1:09.66	37.93	200m: 2:28.24	39.27	300m: 3:49.91	40.41	400m: 5:10.79	39.26
21.	Yill van Bezouw	Hieronymus	201100704	5:11.59 +0,73	436			
	50m: 33.03	33.03	150m: 1:51.04	39.22	250m: 3:11.69	40.40	350m: 4:32.58	40.23
	100m: 1:11.82	38.79	200m: 2:31.29	40.25	300m: 3:52.35	40.66	400m: 5:11.59	39.01
22.	Linou van Kampen	ZPCH	201000594	5:12.11 +0,76	434			
	50m: 32.82	32.82	150m: 1:49.30	39.37	250m: 3:10.94	40.63	350m: 4:32.87	41.07
	100m: 1:09.93	37.11	200m: 2:30.31	41.01	300m: 3:51.80	40.86	400m: 5:12.11	39.24
23.	Lola Verheijen	PSV	201100832	5:12.48 +0,79	432			
	50m: 33.80	33.80	150m: 1:53.21	40.60	250m: 3:15.24	41.26	350m: 4:34.16	38.49
	100m: 1:12.61	38.81	200m: 2:33.98	40.77	300m: 3:55.67	40.43	400m: 5:12.48	38.32
24.	Mattea Gliese-Sloojier	De Dinkel	201100008	5:12.77 +0,84	431			
	50m: 33.38	33.38	150m: 1:51.34	39.73	250m: 3:11.99	40.45	350m: 4:33.49	40.85
	100m: 1:11.61	38.23	200m: 2:31.54	40.20	300m: 3:52.64	40.65	400m: 5:12.77	39.28
25.	Nadia van der Wal	ZPCH	201003114	5:13.73 +0,67	427			
	50m: 34.04	34.04	150m: 1:54.40	40.62	250m: 3:15.86	40.66	350m: 4:36.65	39.97
	100m: 1:13.78	39.74	200m: 2:35.20	40.80	300m: 3:56.68	40.82	400m: 5:13.73	37.08
26.	Anouk Steller	WVZ	201000004	5:15.04 +0,80	422			
	50m: 34.00	34.00	150m: 1:53.53	40.45	250m: 3:14.73	40.52	350m: 4:36.26	40.62
	100m: 1:13.08	39.08	200m: 2:34.21	40.68	300m: 3:55.64	40.91	400m: 5:15.04	38.78
27.	Odenza Soselisa	Blue Marlines	201101780	5:16.32 +0,89	417			
	50m: 34.68	34.68	150m: 1:53.93	40.25	250m: 3:16.31	41.55	350m: 4:37.72	40.38
	100m: 1:13.68	39.00	200m: 2:34.76	40.83	300m: 3:57.34	41.03	400m: 5:16.32	38.60
28.	Milou Filemon	ZZ&PC De Devel	201100078	5:16.67 +0,78	416			
	50m: 34.04	34.04	150m: 1:52.22	39.80	250m: 3:14.14	41.45	350m: 4:37.33	41.31
	100m: 1:12.42	38.38	200m: 2:32.69	40.47	300m: 3:56.02	41.88	400m: 5:16.67	39.34
29.	Eva de Man	Aqua-Novio'94	201000294	5:16.97 +0,84	414			
	50m: 33.72	33.72	150m: 1:54.01	40.57	250m: 3:14.69	40.64	350m: 4:37.97	41.45
	100m: 1:13.44	39.72	200m: 2:34.05	40.04	300m: 3:56.52	41.83	400m: 5:16.97	39.00
30.	Famke Franzen	De Schotejil	201000058	5:16.99 +0,76	414			
	50m: 34.43	34.43	150m: 1:54.34	40.85	250m: 3:15.92	40.61	350m: 4:37.91	40.32
	100m: 1:13.49	39.06	200m: 2:35.31	40.97	300m: 3:57.59	41.67	400m: 5:16.99	39.08
31.	Ilse Jongepier	THOR	201000006	5:17.45 +0,76	412			
	50m: 34.87	34.87	150m: 1:54.46	40.78	250m: 3:16.62	41.46	350m: 4:39.31	41.43
	100m: 1:13.68	38.81	200m: 2:35.16	40.70	300m: 3:57.88	41.26	400m: 5:17.45	38.14
32.	Chloé in 't Veen	WVZ	201100010	5:21.51 +0,77	397			
	50m: 35.33	35.33	150m: 1:56.53	40.78	250m: 3:19.67	40.89	350m: 4:42.47	40.77
	100m: 1:15.75	40.42	200m: 2:38.78	42.25	300m: 4:01.70	42.03	400m: 5:21.51	39.04
33.	Casharell Kraan	Blue Marlines	201103426	5:22.49 +0,65	393			
	50m: 33.43	33.43	150m: 1:52.00	40.57	250m: 3:16.57	42.45	350m: 4:41.80	42.43
	100m: 1:11.43	38.00	200m: 2:34.12	42.12	300m: 3:59.37	42.80	400m: 5:22.49	40.69
34.	Tessa van Beek	DWK	201001446	5:22.86 +0,75	392			
	50m: 36.70	36.70	150m: 1:59.05	41.29	250m: 3:22.06	41.43	350m: 4:43.83	41.01
	100m: 1:17.76	41.06	200m: 2:40.63	41.58	300m: 4:02.82	40.76	400m: 5:22.86	39.03
35.	Elke Kriesels	Hieronymus	201100898	5:23.18 +0,78	391			
	50m: 35.17	35.17	150m: 1:57.02	42.04	250m: 3:20.29	41.93	350m: 4:43.29	42.00
	100m: 1:14.98	39.81	200m: 2:38.36	41.34	300m: 4:01.29	41.00	400m: 5:23.18	39.89
36.	Manou Longayroux	ZZ&PC De Devel	201000580	5:23.55 +0,68	390			
	50m: 36.52	36.52	150m: 2:00.43	42.14	250m: 3:24.51	41.73	350m: 4:46.38	40.13
	100m: 1:18.29	41.77	200m: 2:42.78	42.35	300m: 4:06.25	41.74	400m: 5:23.55	37.17
37.	Evelien Goorhuis	Hieronymus	201000194	5:24.25 +0,76	387			
	50m: 34.51	34.51	150m: 1:55.28	40.86	250m: 3:17.86	40.82	350m: 4:42.19	42.01
	100m: 1:14.42	39.91	200m: 2:37.04	41.76	300m: 4:00.18	42.32	400m: 5:24.25	42.06
38.	Alaine Lomans	Eszet	201000420	5:27.36 +0,70	376			
	50m: 37.31	37.31	150m: 1:58.90	41.19	250m: 3:23.56	43.29	350m: 4:46.91	41.24
	100m: 1:17.71	40.40	200m: 2:40.27	41.37	300m: 4:05.67	42.11	400m: 5:27.36	40.45
39.	Femke ter Horst	ZPC Hoogeveen	201000108	5:27.56 +0,87	375			
	50m: 37.06	37.06	150m: 1:59.01	41.73	250m: 3:24.71	43.01	350m: 4:47.39	40.55
	100m: 1:17.28	40.22	200m: 2:41.70	42.69	300m: 4:06.84	42.13	400m: 5:27.56	40.17

Programmanr. 1, Meisjes, 400m vrije slag, Junioren 1 en 2

rang	naam		vereniging				tijd	RT	FINA
40.	Romée Smit		MSV-Zeemacht		201100438		5:28.74	+0,75	371
	50m: 36.53	36.53	150m: 2:01.09	42.85	250m: 3:25.72	42.43	350m: 4:48.64		41.17
	100m: 1:18.24	41.71	200m: 2:43.29	42.20	300m: 4:07.47	41.75	400m: 5:28.74		40.10
41.	Annelie Batenburg		PSV		201001962		5:29.50	+0,74	369
	50m: 36.99	36.99	150m: 2:00.34	42.32	250m: 3:24.75	42.17	350m: 4:49.41		42.41
	100m: 1:18.02	41.03	200m: 2:42.58	42.24	300m: 4:07.00	42.25	400m: 5:29.50		40.09
42.	Eefje van Hinsbergen		Blue Marlins		201002252		5:31.44	+0,68	362
	50m: 36.20	36.20	150m: 1:59.95	42.31	250m: 3:25.59	42.72	350m: 4:51.26		42.42
	100m: 1:17.64	41.44	200m: 2:42.87	42.92	300m: 4:08.84	43.25	400m: 5:31.44		40.18
43.	Jayna Wagemakers		AquaDream		201000226		5:31.61	+0,78	362
	50m: 36.39	36.39	150m: 2:00.52	42.89	250m: 3:26.24	42.98	350m: 4:52.20		42.99
	100m: 1:17.63	41.24	200m: 2:43.26	42.74	300m: 4:09.21	42.97	400m: 5:31.61		39.41
44.	Maryse Kuijper		DWK		201000692		5:32.53	+0,88	359
	50m: 35.74	35.74	150m: 2:00.86	43.29	250m: 3:27.43	43.34	350m: 4:52.96		41.89
	100m: 1:17.57	41.83	200m: 2:44.09	43.23	300m: 4:11.07	43.64	400m: 5:32.53		39.57
45.	Lynn ten Berge		De Dinkel		201000884		5:33.27	+0,78	356
	50m: 35.53	35.53	150m: 2:00.71	42.77	250m: 3:26.72	42.66	350m: 4:51.94		41.81
	100m: 1:17.94	42.41	200m: 2:44.06	43.35	300m: 4:10.13	43.41	400m: 5:33.27		41.33
46.	Ashley Mercera		SG SCOM/de Zeehond'73		201000178		5:35.15	+0,79	350
	50m: 36.81	36.81	150m: 2:01.11	42.94	250m: 3:28.18	43.93	350m: 4:54.33		42.60
	100m: 1:18.17	41.36	200m: 2:44.25	43.14	300m: 4:11.73	43.55	400m: 5:35.15		40.82
47.	Elin Reinstra		TriVia		201100842		5:36.03	+0,77	348
	50m: 35.25	35.25	150m: 1:57.09	42.02	250m: 3:24.50	43.75	350m: 4:52.97		44.53
	100m: 1:15.07	39.82	200m: 2:40.75	43.66	300m: 4:08.44	43.94	400m: 5:36.03		43.06
48.	Kim Bouman		ZPC AMERSFOORT		201000262		5:36.52	+0,89	346
	50m: 35.29	35.29	150m: 1:58.40	42.31	250m: 3:25.40	43.60	350m: 4:53.32		43.92
	100m: 1:16.09	40.80	200m: 2:41.80	43.40	300m: 4:09.40	44.00	400m: 5:36.52		43.20
49.	Tess Meeuwissen		De Columbiaan		201000370		5:42.71	+0,62	328
	50m: 36.21	36.21	150m: 2:01.33	43.75	250m: 3:30.54	44.53	350m: 4:59.05		44.18
	100m: 1:17.58	41.37	200m: 2:46.01	44.68	300m: 4:14.87	44.33	400m: 5:42.71		43.66
DIS	Fenna Zusterzeel		PSV		201000008				
	<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>								