

Programmanr. 11  
9-6-2023 - 17:23

Heren, 400m vrije slag

Senioren Open  
Resultaten Finale

Punten: FINA 2023

rang	naam	vereniging				tijd	RT	FINA	para
<b>Finale A</b>									
1.	Lucas Peters	HPC - Nextline Swimming				200301325	<b>3:54.44</b>	+0,69	827
	50m: 26.82	26.82	150m: 1:26.07	29.95	250m: 2:26.51	30.19	350m: 3:26.19	29.41	
	100m: 56.12	29.30	200m: 1:56.32	30.25	300m: 2:56.78	30.27	400m: 3:54.44	28.25	
2.	Sander Crooijmans	Nextline Swimming				200100383	<b>3:56.58</b>	+0,77	804
	50m: 27.07	27.07	150m: 1:25.46	29.31	250m: 2:25.34	29.84	350m: 3:26.49	30.61	
	100m: 56.15	29.08	200m: 1:55.50	30.04	300m: 2:55.88	30.54	400m: 3:56.58	30.09	
3.	Thomas Jansen	HPC - WVZ				200100143	<b>3:57.23</b>	+0,71	798
	50m: 26.85	26.85	150m: 1:25.98	29.74	250m: 2:26.27	30.40	350m: 3:26.90	30.60	
	100m: 56.24	29.39	200m: 1:55.87	29.89	300m: 2:56.30	30.03	400m: 3:57.23	30.33	
4.	Bart Sommeling	De Dolfijn				199800765	<b>3:58.13</b>	+0,79	789
	50m: 26.90	26.90	150m: 1:26.30	30.10	250m: 2:26.91	30.39	350m: 3:28.63	30.94	
	100m: 56.20	29.30	200m: 1:56.52	30.22	300m: 2:57.69	30.78	400m: 3:58.13	29.50	
5.	Vincent Crooijmans	Nextline Swimming				200100381	<b>4:00.47</b>	+0,72	766
	50m: 27.77	27.77	150m: 1:27.81	30.11	250m: 2:28.81	30.65	350m: 3:30.36	30.85	
	100m: 57.70	29.93	200m: 1:58.16	30.35	300m: 2:59.51	30.70	400m: 4:00.47	30.11	
6.	Émile Fouzaï	Blue Marlins				200500263	<b>4:04.51</b>	+0,70	729
	50m: 27.40	27.40	150m: 1:27.88	30.55	250m: 2:30.47	31.55	350m: 3:33.75	31.35	
	100m: 57.33	29.93	200m: 1:58.92	31.04	300m: 3:02.40	31.93	400m: 4:04.51	30.76	
7.	Tiago Fonseca Gomes	PSV				200703587	<b>4:06.47</b>	+0,65	711
	50m: 27.70	27.70	150m: 1:28.32	30.53	250m: 2:30.87	31.28	350m: 3:35.04	32.12	
	100m: 57.79	30.09	200m: 1:59.59	31.27	300m: 3:02.92	32.05	400m: 4:06.47	31.43	
8.	Sven Klink	SWOL 1894				200500349	<b>4:07.05</b>	+0,77	706
	50m: 27.66	27.66	150m: 1:28.54	30.83	250m: 2:32.23	31.95	350m: 3:36.60	32.30	
	100m: 57.71	30.05	200m: 2:00.28	31.74	300m: 3:04.30	32.07	400m: 4:07.05	30.45	
<b>Finale B</b>									
9.	Wouter Zijlstra	HZ&PC Heerenveen				200401545	<b>4:08.83</b>	+0,60	691
	50m: 28.11	28.11	150m: 1:31.06	31.63	250m: 2:34.92	31.71	350m: 3:38.78	31.46	
	100m: 59.43	31.32	200m: 2:03.21	32.15	300m: 3:07.32	32.40	400m: 4:08.83	30.05	
10.	Borys Rudman	Blue Marlins				200504479	<b>4:09.70</b>	+0,69	684
	50m: 28.18	28.18	150m: 1:30.94	31.32	250m: 2:34.74	31.98	350m: 3:39.07	32.00	
	100m: 59.62	31.44	200m: 2:02.76	31.82	300m: 3:07.07	32.33	400m: 4:09.70	30.63	
11.	Tenzing Geutjes	ZPC AMERSFOORT				200600441	<b>4:10.26</b>	+0,66	679
	50m: 28.64	28.64	150m: 1:31.26	31.38	250m: 2:34.76	31.71	350m: 3:38.93	31.89	
	100m: 59.88	31.24	200m: 2:03.05	31.79	300m: 3:07.04	32.28	400m: 4:10.26	31.33	
12.	Joris Janssen	PSV				200301311	<b>4:14.29</b>	+0,76	648
	50m: 28.11	28.11	150m: 1:31.26	32.02	250m: 2:36.52	32.79	350m: 3:42.54	33.05	
	100m: 59.24	31.13	200m: 2:03.73	32.47	300m: 3:09.49	32.97	400m: 4:14.29	31.75	
13.	Rens Stijf	ZPC AMERSFOORT				200501419	<b>4:14.59</b>	+0,66	645
	50m: 28.94	28.94	150m: 1:32.80	32.24	250m: 2:38.29	32.77	350m: 3:43.62	32.38	
	100m: 1:00.56	31.62	200m: 2:05.52	32.72	300m: 3:11.24	32.95	400m: 4:14.59	30.97	
14.	David Groenewegen	PSV				200400469	<b>4:14.92</b>	+0,75	643
	50m: 29.64	29.64	150m: 1:33.50	32.33	250m: 2:37.68	32.17	350m: 3:43.19	32.85	
	100m: 1:01.17	31.53	200m: 2:05.51	32.01	300m: 3:10.34	32.66	400m: 4:14.92	31.73	
15.	Olivier Wilbers	ZPC Hoogeveen				200600181	<b>4:15.13</b>	+0,74	641
	50m: 29.68	29.68	150m: 1:33.90	32.18	250m: 2:38.68	32.32	350m: 3:43.88	32.41	
	100m: 1:01.72	32.04	200m: 2:06.36	32.46	300m: 3:11.47	32.79	400m: 4:15.13	31.25	
16.	Koen Vissers	PSV				200401429	<b>4:18.63</b>	+0,87	616
	50m: 29.30	29.30	150m: 1:33.87	32.37	250m: 2:39.99	33.17	350m: 3:47.00	33.45	
	100m: 1:01.50	32.20	200m: 2:06.82	32.95	300m: 3:13.55	33.56	400m: 4:18.63	31.63	